



Citizens' Council for Health Freedom

Health Freedom Minute

October 11, 2018

Who Knows Your Medical Secrets?

Your credit card is spying on you. Did you use it to buy medications, a gym membership, alcohol? Adam Tanner's book, "Our Bodies, Our Data: How Companies Make Billions Selling Our Medical Records," details the companies creating "mosaics" about your health status and performing detailed data analytics on your life.

I quote his work in my new book, "***Big Brother in the Exam Room***," because he warns about the piles of data patients, doctors and nurses are putting in the electronic health record for mass consumption. Consider switching to cash for most purchases. It will protect your right to always use cash under America's legal tender laws and it will minimize profiling and tracking.

"How Bits of Captured Data Paint a Stealth Portrait of Your Health," Rachel Bluth, Kaiser Health News, Mic, July 21, 2018: <https://mic.com/articles/190369/how-bits-of-captured-data-paint-a-stealth-portrait-of-your-health#.SgeOQWTsD>

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states:
Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH,
afternoons on American Family Radio, and daily on the CSN network
and Bott Radio Network.*