Minnesotans: Refuse to Enroll

Twila Brase of Citizens Council for Health Freedom Advertising on KDWB with Message to Refuse to Enroll in Obamacare

ST. PAUL, Minn.—Twila Brase, co-founder of Citizens’ Council for Health Freedom, wants to send a loud and clear message to Minnesotans to “Refuse to Enroll” in Obamacare through the flawed state insurance exchange.

Beginning this week, the patient advocate is taking to the airwaves on KDWB, 101.3 FM, All the Hits of the Twin Cities, urging listeners to visit RefuseMNsure.com for information on the doomed federal health care system and the state insurance exchanges.

RefuseMNsure.com, housed on CCHFreedom.org, gives residents reasons to refuse to enroll in the Minnesota state health insurance exchange, called “MNsure.” The link also provides a downloadable document that Minnesota residents can print and share.

“Contrary to popular belief,” Brase says, “you do not have to enroll in Exchange coverage and lose your privacy and choice!”

The site also provides action steps and CCHF contact information, as well as the top four reasons to “Refuse to Enroll” in Obamacare state exchanges:

1. **No Private Insurance.** Obamacare is “Medicaid for the middle class” or just a “second Medicaid program.”
2. **No Privacy.** Private patient information enters a federal data hub accessible by the IRS and many other government agencies.
3. **Limited Choice.** Government coverage is made up of “narrow network” policies.
4. **High Cost Premiums.** Income redistribution pays for state exchange operations so that high-cost individuals are paid for by others.
October 1 marked the day when citizens could begin to opt-out and refuse to enroll in the doomed state exchanges under the federal health care plan. CCHF has created a special “Refuse to Enroll” section of its web site that provides citizens with a form they can complete to declare that they are opting out of “any and all participation in the national Obamacare Exchange system.” The form goes on to state, “I hereby refuse to enroll in—or use—any state-based, “state-federal partnership,” or federal healthcare.gov website portal (“health exchange”) created under the 2010 Patient Protection and Affordable Care Act (PPACA).”

Brase has also written a list of the Top Ten Terribles of Obamacare, which include higher costs, privacy intrusions, more red tape, and poor care and coverage.

Twila Brase shares health care-related news with the American public in her daily, 60-second radio feature, Health Freedom Minute. Health Freedom Minute airs on the entire American Family Radio Network, with more than 150 stations nationwide, in addition to Bott Radio Network with over 80 stations nationwide. During the daily features, listeners can learn more about the agenda behind proposed health care initiatives and policies and what they can do to protect their health care choices, rights and privacy.

Brase, a public health nurse and health care freedom advocate, informs listeners of crucial health issues, such as the intrusive wellness and prevention initiatives in Obamacare, patient privacy and the need for informed consent requirements, the dangers of “evidence-based medicine” and the implications of state and federal health care reform.

For more information on Citizens Council for Health Freedom, visit www.cchfreedom.org. For more on KDWB, visit www.kdwb.com/main.html.

Twila Brase, a public health nurse and health freedom advocate, has been called one of the “100 Most Powerful People in Health Care” and one of “Minnesota’s 100 Most Influential Health Care Leaders.” She has been interviewed by CNN, Fox News, Minnesota Public Radio, NBC Nightly News, NBC’s Today Show, NPR, New York Public Radio, the Associated Press, Modern Healthcare, TIME, The Wall Street Journal, The Washington Post and The Washington Times, among others. Brase shares health care-related news and commentary with the American public in her daily, 60-second radio feature, Health Freedom Minute, which airs on nearly 350 stations daily, including the 150-station American Family Radio Network and the 80-station Bott Radio Network. During these daily features, listeners can learn more about the agenda behind proposed health care initiatives, the ramifications of proposed policies and actions that can be taken to protect their health care choices, rights and privacy. Health Freedom Minute is sponsored by the Citizens’ Council for Health Freedom, a patient-centered national health freedom organization based in St. Paul, Minn. CCHF supports patient and doctor freedom, medical innovation and the right of citizens to a confidential patient-doctor relationship.

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For more information or to interview Twila Brase, president and co-founder of Citizens’ Council for Health Freedom, contact Deborah Hamilton, Hamilton Strategies, 215.815.7716, 610.584.1096, DHamilton@HamiltonStrategies.com.