Twila Brase, RN, PHN
Public Health Nurse
President, Citizens’ Council for Health Freedom

BRIEF BIOGRAPHY
Twila Brase is president and co-founder of the Citizens’ Council for Health Freedom (CCHF), formerly the Citizens’ Council on Health Care, a freedom-focused, patient-centered national health care organization based in St. Paul, Minnesota.

In August 2009, Modern Healthcare magazine named her as #75 on the “100 Most Powerful People in Healthcare” list of health care leaders in America. In May 2010, the Star Tribune profiled her on the front page: “Twila Brase: Health care power or health care pain?” In 2000, the Minnesota Physician magazine selected her as one of “Minnesota’s 100 Most Influential Health Care Leaders.” The Council’s efforts have stopped government-issued treatment directives, led to a veto of a “Baby DNA Warehouse” bill, added informed consent requirements for access to patient data, defeated a proposed Health Insurance Exchange, defeated an attempt to repeal genetic privacy and informed consent rights regarding newborn DNA, and led to lawsuits in Minnesota and Texas against the illegal storage, use, and dissemination of newborn DNA.

Ms. Brase provides daily radio commentary through the “Health Freedom Minute” (AM 1280 - The Patriot), provides testimony at the legislature, meets with members of Congress, and speaks around the country. For example, she has presented on topics as diverse as:

- The intrusive/expensive wellness and prevention initiatives in Obamacare (Washington, D.C.)
- Patient privacy and need for consent (D.C. Congressional staff briefings; NM legislative committee)
- Proposed federal health care reform (Kentucky business forum; Minnesota/S.D. Tea Party rallies)
- Evidence-Based Medicine (SPN forum in Miami; Physician forum in Ohio; WPC in Seattle; ALEC in D.C.)
- Patient Doctor Relationship (National Federation of Women Legislators in Orlando, FL)

She also testified against imposing a national patient identification number before a federal committee in Chicago. Her article “Blame Congress for HMOs” has been placed into the Congressional Record of the U.S. House of Representatives. She is regularly invited to join with other health care experts in a 2-day summit hosted by The Cato Institute.


- State Health Insurance Exchanges Will Impose Federal Control – May 2011
- The U.S. CENSUS: From Enumeration to Intrusion – March 2010
- MEDICAL SHARING – An Inexpensive Alternative to Health Insurance – January 2010
- Newborn Genetic Screening: The New Eugenics? – April 2009
- Evidence-Based Medicine” – Rationing Care, Hurting Patients – published by ALEC, 12/08

Ms. Brase holds a Bachelor degree in Nursing from Gustavus Adolphus College in St. Peter, Minnesota, specialized in emergency room nursing, and is a certified public health nurse.