

*****NEWS RELEASE*****

For Immediate Release
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‘Big Brother in the Exam Room’ from Citizens’ Council for Health Freedom Wins Literary Award

Book Exposing the Dangers Behind Electronic Health Records Honored with First Place from ‘Reader Views’

ST. PAUL, Minn.—Reader Views announced today that “[*Big Brother in the Exam Room: The Dangerous Truth About Electronic Health Records*](#),” written by [Citizens’ Council for Health Freedom \(CCHF\)](#) president and co-founder Twila Brase, RN, PHN, has received a first-place honor in the 2018-2019 Literary Awards.

“*Big Brother in the Exam Room*” exposes how the mandated, government-certified electronic health record (EHR) technology (CEHRT) has negatively affected doctors and patients. *CCHF’s* goal for the book’s publication is that readers will learn that the EHR is not what they think it is, HIPAA is not a “privacy rule,” the EHR is a danger to patient safety and freedom, and that they can take steps to protect their private medical information, prevent outsiders from controlling medical decisions, and restore a confidential patient-doctor relationship.

Brase’s extensively researched work shows how and why Congress forced doctors and hospitals to install a data-collecting, command-and-control surveillance system in each exam room. It also includes the impact of EHRs on privacy, patient care, costs, patient safety and more, according to doctors and over 125 studies.

“Surveillance is and has always been a tool of control,” Brase says. “That’s why America’s Founding Fathers put privacy protections in the U.S. Constitution as part of the Bill of Rights. However, the emergence of new surveillance-enabled technologies today—such as computers, smartphones, digital driver’s licenses and biometric scans—creates new tracking and analytic powers. Unless Americans remain watchful and engaged, their freedom can be taken away, one law and one technology at a time. As I write in ‘Big Brother in the Exam Room,’ the watched are never free.”

Three winners were announced in each category for Reader Views’ Literary Awards. “*Big Brother in the Exam Room*” was awarded first place in the category of Education/How-to, which also included “The Awakening” by David Winston and “The Work at Home Training Program” by Bethany Mooradian. View the full list of finalists [here](#).

Based in Austin, Texas, Reader Views began as a book review service in 2005 and expanded to offer author services. Book reviewers are private, independent and unpaid. The company’s reviews have appeared on Amazon, USA Today, Reuters, Fox News, Fox Business and NBC; many top newspapers such as the Austin American Statesman and Chicago Sun-Times, Courier Times; as well as on websites including LiveStrong and

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ClickOnDetroit, along with several television stations. Reader Views has reviewed books and offered publicity for well-known authors such as James Patterson and those who are self-published or published by a small press. Fox News named Reader Views as one of the top five blog sites for health-related books.

One reader offered this positive review on [GoodReads.com](https://www.goodreads.com): “I remember when a friend expressed concern that I did a 23andme test. She felt I would be giving the government access to my personal health information. I told her that it was most likely too late, because the government already had easy access to my health information. After reading “***Big Brother in the Exam Room***” by Twila Brase, my fears are confirmed.” [Continue review](#).

Libraries around the country are also offering “***Big Brother in the Exam Room,***” to their communities, including the Library of Congress, the Minnesota Legislative Library and several other libraries in Minnesota, where ***CCHF*** is headquartered.

CCHF will receive special seals to affix to existing copies of “***Big Brother in the Exam Room***” to inform readers about the Literary Award. For future printings, a graphic of the seal will be added to the cover. “***Big Brother in the Exam Room***” is already in its second printing by Beaver’s Pond Press and has been ranked at least three times as the No. 1 Amazon best-seller in its category. Visit www.BigBrotherInTheExamRoom.com.

For more information about ***CCHF***, visit www.cchffreedom.org, its [Facebook](#) page or its Twitter feed @CCHFreedom. View the [media page for CCHF here](#). For more about ***CCHF***’s free-market, cash-based care initiative, ***The Wedge of Health Freedom***, visit www.JointheWedge.com, ***The Wedge*** [Facebook](#) page or follow ***The Wedge*** on Twitter @wedgeoffreedom.