

*****NEWS RELEASE*****

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24/7 Online Toolkit for Patients During COVID-19



Patient Toolbox

PatientToolbox.org Makes COVID-19 Resources Convenient for Patients

ST. PAUL, Minn. — [*Citizens' Council for Health Freedom \(CCHF\)*](http://Citizens' Council for Health Freedom (CCHF)) has added a new coronavirus information 'drawer' to its online, patient-centered initiative, *Patient Toolbox* ([*PatientToolbox.org*](http://PatientToolbox.org)).

Patient Toolbox was launched in October 2019 and has been assisting patients as they navigate the complex, difficult-to-understand situations and forms patients encounter when they go to a clinic or are admitted to a hospital. Now, CCHF's Patient Toolbox is newly equipped to assist in guiding Americans through COVID-19 by providing critical information and news all in one place, such as:

- Essential facts about COVID-19
- Information on diagnosis, testing, medications and treatment options for COVID-19
- Practical actions from recognized health experts that Americans can take to protect themselves
- Individual rights during a declared emergency
- Weekly "COVID-19 Update" video series featuring CCHF's president

"These are troubling times for Americans," said Twila Brase, president and co-founder of CCHF. "The information we know about COVID-19 changes by the hour. Americans may feel overwhelmed as they try to understand and deal with these difficult challenges and new realities. With so much information and news out there, it can be hard and time-consuming to find it all. We aim to help fix that by adding a new coronavirus 'drawer' to our resource-ready Patient Toolbox."

Patient Toolbox's other three 'drawers', *At the Clinic*, *In the Hospital*, and *Having a Baby*, provide patients with information needed to protect patient rights and privacy. This includes samples of modified consent forms, questions to ask physicians and other practitioners, and parental options related to newborn (genetic) screening and birth certificate completion.

CCHF maintains a patient-centered, privacy-focused, free-market perspective. CCHF has worked in its home state of Minnesota and at the national level for more than 20 years to protect health care choices, individualized patient care, and medical and genetic privacy rights. In 2016, CCHF launched The Wedge of Health Freedom, an online directory of direct-pay practices (JointheWedge.com)

Twila Brase, RN, PHN has been named by *Modern Healthcare* as one of the “100 Most Powerful People in Health Care.” She is the host of the daily *Health Freedom Minute* radio program heard by over 5 million weekly listeners on more than 800 radio stations nationwide, and the author of the four-time award-winning book, “[**Big Brother in the Exam Room: The Dangerous Truth About Electronic Health Records.**](#)”

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