ST. PAUL, Minn.—“Big Brother in the Exam Room: The Dangerous Truth About Electronic Health Records,” written by Citizens’ Council for Health Freedom (CCHF) president and co-founder Twila Brase, RN, PHN, is a finalist for two separate Midwest Book Awards.

WHO: Citizens’ Council for Health Freedom president and co-founder Twila Brase, author of “Big Brother in the Exam Room”
WHAT: Midwest Independent Publishing Association’s (MIPA) 29th Annual Midwest Book Awards
WHERE: Awards Gala in St. Paul, Minnesota
WHEN: Saturday, May 4, 2019
WHY: To recognize quality in independent publishing in the Midwest. All books were copyrighted in 2018 and entered by publishers from MIPA’s 12-state Midwestern region of Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota and Wisconsin.

“Big Brother in the Exam Room” exposes how the mandated, government-certified electronic health record (EHR) technology (CEHRT) has negatively affected doctors and patients. CCHF’s goal for the book’s publication is that readers will learn that the EHR is not what they think it is, HIPAA is not a “privacy rule,” the EHR is a danger to patient safety and freedom, and that they can take steps to protect their private medical information, prevent outsiders from controlling medical decisions, and restore a confidential patient-doctor relationship.

“Big Brother in the Exam Room” has been named one of three finalists in both the Health and Social Science/Political Science/Culture categories.

One reader, Dr. Paulette Metoyer, offered this positive review on Amazon.com: “As a physician myself I really learned a lot of stuff that I did not know. I have advised all of my friends who are doctors and nurses to read this book.”

Added Dr. Jeffrey Singer of the Cato Institute in his Amazon review: “‘Big Brother in The Exam Room’ is the first book to catalog in meticulous detail the dangerous ways in which health information technology is being weaponized against us all. Everyone should read it.”
Brase’s extensively researched work shows how and why Congress forced doctors and hospitals to install a data-collecting, command-and-control surveillance system in each exam room. It also includes the impact of EHRs on privacy, patient care, costs, patient safety and more, according to doctors and over 125 studies.

“Surveillance is and has always been a tool of control,” Brase says. “That’s why America’s Founding Fathers put privacy protections in the U.S. Constitution as part of the Bill of Rights. However, the emergence of new surveillance-enabled technologies today—such as computers, smartphones, digital driver’s licenses and biometric scans—creates new tracking and analytic powers. Unless Americans remain watchful and engaged, their freedom can be taken away, one law and one technology at a time. As I write in ‘Big Brother in the Exam Room,’ the watched are never free.”

Libraries around the country are also offering “Big Brother in the Exam Room,” to their communities, including the Library of Congress, the Minnesota Legislative Library and other libraries nationwide—for example, in Mississippi, Oregon, Tennessee, Washington and Minnesota, where CCHF is headquartered.

CCHF will receive special finalist seals to affix to existing copies of “Big Brother in the Exam Room” to inform readers about the honors. “Big Brother in the Exam Room” is already in its second printing by Beaver’s Pond Press and has been ranked at least three times as the No. 1 Amazon best-seller in its category. Visit www.BigBrotherInTheExamRoom.com.

For more information about CCHF, visit www.cchfreedom.org, its Facebook page or its Twitter feed @CCHFreedom. View the media page for CCHF here. For more about CCHF’s free-market, cash-based care initiative, The Wedge of Health Freedom, visit www.JointheWedge.com, The Wedge Facebook page or follow The Wedge on Twitter @wedgeoffreedom.

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To interview Twila Brase of Citizens’ Council for Health Freedom or for a review copy of “Big Brother in the Exam Room,” contact Media@HamiltonStrategies.com, Patrick Benner, 610.584.1096, ext. 104, or ext. 100.