

*****NEWS RELEASE*****

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***Citizens' Council for Health Freedom's
'Big Brother in the Exam Room' Wins Midwest Book Award***

Book by Twila Brase Exposes the Dangers Behind Electronic Health Records

ST. PAUL, Minn.—“[***Big Brother in the Exam Room: The Dangerous Truth About Electronic Health Records***](#),” written by [***Citizens' Council for Health Freedom \(CCHF\)***](#) president and co-founder Twila Brase, RN, PHN, has been named a winner in the 2019 Midwest Book Awards.

“***Big Brother in the Exam Room***” took the top spot in the Social Science/Political Science/Culture category at the awards gala Saturday in St. Paul.

Brase's book exposes how the mandated, government-certified electronic health record (EHR) technology (CEHRT) has negatively affected doctors and patients. ***CCHF***'s goal for the book's publication is that readers will learn that the EHR is not what they think it is, HIPAA is not a “privacy rule,” the EHR is a danger to patient safety and freedom, and that they can take steps to protect their private medical information, prevent outsiders from controlling medical decisions, and restore a confidential patient-doctor relationship.

The extensively researched work shows how and why Congress forced doctors and hospitals to install a data-collecting, command-and-control surveillance system in each exam room. It also includes the impact of EHRs on privacy, patient care, costs, patient safety and more, according to doctors and over 125 studies.

“Surveillance is and has always been a tool of control,” Brase says. “That’s why America’s Founding Fathers put privacy protections in the U.S. Constitution as part of the Bill of Rights. However, the emergence of new surveillance-enabled technologies today—such as computers, smartphones, digital driver’s licenses and biometric scans—creates new tracking and analytic powers. Unless Americans remain watchful and engaged, their freedom can be taken away, one law and one technology at a time. As I write in ‘Big Brother in the Exam Room,’ the watched are never free.”

One reader, Dr. Paulette Metoyer, offered this positive review on [Amazon.com](#): “As a physician myself I really learned a lot of stuff that I did not know. I have advised all of my friends who are doctors and nurses to read this book.”

Added Dr. Jeffrey Singer of the Cato Institute in his Amazon review: “***Big Brother in The Exam Room***’ is the first book to catalog in meticulous detail the dangerous ways in which health information technology is being weaponized against us all. Everyone should read it.”

The Midwest Book Awards recognize quality in independent publishing in the Midwest. All books were copyrighted in 2018 and entered by publishers from MIPA's 12-state Midwestern region of Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota and Wisconsin.

“***Big Brother in the Exam Room***” was also named a finalist in the Health category. Learn more about the awards and finalists [here](#).

CCHF will receive special seals to affix to existing copies of “***Big Brother in the Exam Room***” to inform readers about the honors. “***Big Brother in the Exam Room***” is already in its second printing by Beaver's Pond

Press and has been ranked at least three times as the No. 1 Amazon best-seller in its category. Visit www.BigBrotherInTheExamRoom.com.

For more information about *CCHF*, visit www.cchfreedom.org, its [Facebook](#) page or its Twitter feed @CCHFreedom. View the [media page for CCHF here](#). For more about *CCHF*'s free-market, cash-based care initiative, *The Wedge of Health Freedom*, visit www.JointheWedge.com, *The Wedge* [Facebook](#) page or follow *The Wedge* on Twitter @wedgeoffreedom.