

*****NEWS RELEASE*****

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COMING SOON:
***Citizens' Council for Health Freedom's* New Book **'Big Brother in the Exam Room'** Launches Next Week**

Book by Twila Brase Exposes Dangers of Electronic Health Records and How the Government Imposes a Command & Control Surveillance System

ST. PAUL, Minn.—Third-party control. Surveillance. Data collection. Privacy invasions.

These are not words that should be associated with a visit to the doctor, but the presence of electronic health records (EHRs) intruding on the patient-doctor relationship makes these phrases commonplace in health care.

A new, groundbreaking book from [*Citizens' Council for Health Freedom \(CCHF\)*](#) will expose how the mandated, government-certified EHR technology (CEHRT) has negatively affected both doctors and patients.

Written by *CCHF* president and co-founder Twila Brase, RN, PHN, and released next week from Beaver's Pond Press, "[*Big Brother in the Exam Room: The Dangerous Truth About Electronic Health Records*](#)" will show how and why Congress forced doctors to install a data-collecting surveillance system in the exam room. It also includes the impact of EHRs on privacy, patient care, costs, patient safety and more, according to doctors and more than 125 studies.

"Surveillance is and has always been a tool of control," Brase says. "That's why America's Founding Fathers put privacy protections in the U.S. Constitution as part of the Bill of Rights. However, the emergence of new surveillance-enabled technologies today—such as computers, smartphones, digital driver's licenses and biometric scans—creates new tracking and analytic powers. Unless Americans remain watchful and engaged, their freedom can be taken away, one law and one technology at a time."

The chapter titles alone let readers in on how EHRs have impacted their health care without their knowledge. ***"Big Brother in the Exam Room"*** explores how the EHR mandate became law; methods Congress used to seize control of the exam room; "meaningful use" mandates; prescription tracking; clinical chaos; burned-out physicians and frustrated nurses; how EHRs interfere in patient care; security breaches and safety incidents; how HIPAA doesn't protect privacy; black-box treatment algorithms; the timeline of federal legislation that led to third-party-payer controls; and much more.

Health care's "Big Brother" makes itself known in the exam room through the national medical-records system, national patient ID initiatives, big data profiteering, consent and coercion, government intrusion, research at the

bedside, Affordable Care Act experiments, the population health agenda, and tracking Americans in sickness and health.

Greg Scandlen, founder of Consumers for Health Care Choices and author of “Myth Busters: Why Health Reform Always Goes Awry,” wrote the foreword for *“Big Brother in the Exam Room.”*

“While almost all the public discussion about health care in the past few years has centered on the regulations, subsidies and mandates of Obamacare, very little attention has been given to the foundation for the whole enterprise—the national mandate on physicians, hospitals, and other health care providers to adopt federally dictated health information systems,” Scandlen writes. “In ‘Big Brother in the Exam Room,’ Twila Brase corrects that error and digs deeply into the history and consequences of this requirement. What she finds should alarm anyone concerned about patient safety and privacy.

“Fortunately,” he continues, “Brase concludes the book with a vivid picture of how absurd all this would be if applied to any other area of the economy and provides a powerful path for state legislatures, providers and the American people to extricate ourselves from this nightmare. Our future is in our own hands—all we have to do is seize it.”

Check www.BigBrotherintheExamRoom.com for details about ordering.

For more information about CCHF, visit www.cchfreedom.org, its [Facebook](#) page or its Twitter feed @CCHFreedom. Also view the [media page for CCHF here](#). For more about CCHF’s initiative *The Wedge of Health Freedom*, visit www.JointheWedge.com, *The Wedge* [Facebook](#) page or follow *The Wedge* on Twitter @wedgeoffreedom.

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To interview Twila Brase of *Citizens’ Council for Health Freedom* or for an electronic review copy of *“Big Brother in the Exam Room,”* contact Deborah Hamilton, Media@HamiltonStrategies.com or 610.584.1096, ext. 102, or Patrick Benner, ext. 104.