

*****NEWS RELEASE*****

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CCHF Launches “Patient Toolbox”



Patient Toolbox

New Online Resource Will Help Patients Protect Their Rights and Personal Choices in the Hospital and Exam Room 24/7

ST. PAUL, Minn.—[Citizens' Council for Health Freedom \(CCHF\)](http://Citizens' Council for Health Freedom (CCHF)) has launched a new protective, patient-centered initiative, *Patient Toolbox* (PatientToolbox.org). Responding to an increasing number of patient requests for assistance, this online resource will help patients navigate complex, difficult-to-understand, and often high-pressure situations many Americans experience when they go to a clinic or are admitted to a hospital.

Patient Toolbox provides patients with information they need to protect their patient rights, privacy rights, and parent rights. For example, *Patient Toolbox* provides:

- Samples of modified consent forms and questionnaires
- Descriptions of various types of practitioners, their credentials and their training
- Questions to ask physicians and other practitioners
- Parent options related to newborn (genetic) screening and birth certificate completion

“When Americans are vulnerable, sick, and injured, the exam room should feel like a safe sanctuary,” said Twila Brase, president and co-founder of CCHF. “But too often patients feel pressured to comply and conform when they don’t want to do either. They face questions they don’t want to answer, forms they don’t want to sign, and medications they don’t want to take. Patient Toolbox is a real-time, pocket-sized guide to help patients and their families deal with these high-pressure situations so they feel empowered to make decisions that align with their own preferences.”

Currently, the Patient Toolbox has three “drawers”: *At the Clinic*, *In the Hospital*, and *Having a Baby*. Additional topics will be added in the future and additional situations will be addressed as patients bring other challenging and difficult situations to CCHF’s attention.

CCHF maintains a patient-centered, privacy-focused, free-market perspective. CCHF has worked in its home state of Minnesota and at the national level for more than 20 years to protect health care choices, individualized patient care, and medical and genetic privacy rights. In 2016, CCHF launched The Wedge of Health Freedom, an online directory of direct-pay-only practices. Find more information at JointheWedge.com

Twila Brase, RN, PHN was recently selected as one of 18 leaders to participate in the U.S. Department of Health and Human Services (HHS) Quality Summit, co-chaired by Deputy Secretary Eric Hargan. The Summit will be used to provide President Trump with a roadmap for restructuring quality measurement programs by the end of 2019. She is the author of the award-winning book, “[***Big Brother in the Exam Room: The Dangerous Truth About Electronic Health Records.***](#)”

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