NEWS RELEASE

For Immediate Release
December 5, 2011

CONTACT:
Michael Hamilton, Hamilton Strategies, 215.519.4838, 610.584.1096,
MHamilton@HamiltonStrategies.com

Nurses Fired, Administrators Hired
to Handle Paperwork Overload of Obamacare

Twila Brase of Citizens' Council for Health Freedom
Says Patients Will Suffer With Fewer Health Care Providers

St. Paul, Minn.— Hospitals and health care organizations around the country are in job-creation mode. But it's not what you think. Unfortunately, they're in firing mode, too.

Because of the increased paperwork of the controversial Patient Protection and Affordable Care Act, also known as Obamacare, hospitals and health care organizations are cutting their medical staff, while at the same time hiring more people to take care of the overwhelming paperwork involved with the government health care overhaul.

For example, one hospital system in New Hampshire cut more than 100 jobs—almost 5 percent of its workforce—the majority of them nurses and other care givers. Interestingly, though, the same health system is hiring administrative workers to manage data and keep tabs on the many regulations associated with the federal health care changes.

"The industry is changing from patient care to paperwork," said patient advocate Twila Brase, president of Citizens' Council for Health Freedom, a patient-centered national health policy organization based in St. Paul, Minn. "Fewer nurses are being hired because soaring data requirements have led to fewer dollars available in our health care systems. In the end, the Obama Administration's push for electronic medical records hurts families across the nation. We will have fewer and fewer trained, caring medical personnel to attend to our patient needs and more and more desk workers to handle our private patient data."

Brase broadcasts a daily, 60-second radio feature, *Health Freedom Minute,* which brings health care issues to light for the American public. *Health Freedom Minute* airs on the entire American Family Radio Network, more than 150 stations nationwide. During the daily features, **listeners can learn more about the agenda behind proposed health care initiatives and policies and what they can do to protect their health care choices, rights and privacy.**

Brase , a public health nurse and health care freedom advocate, informs listeners of crucial health issues, such as the intrusive wellness and prevention initiatives in Obamacare, patient privacy and the need for informed consent requirements, the dangers of "evidence-based medicine" and the implications of state and federal health care reform.

Health Freedom Minute is sponsored by the *Citizens' Council for Health Freedom*, a freedom-focused, patient-centered national health care organization based in St. Paul, Minn. *CCHF* supports patient and doctor freedom, medical innovation and the right of citizens to a confidential patient-doctor relationship.

For more information about *Citizens' Council for Health Freedom,* visit www.cchfreedom.org .

<div align="center">

###

</div>

For more information or to interview Twila Brase, president and co-founder of Citizens' Council for Health Freedom, contact Michael Hamilton, Hamilton Strategies, 215.519.4838, 610.584.1096, MHamilton@HamiltonStrategies.com

Twila Brase is president and co-founder of the Citizens' Council for Health Freedom. She has been called one of the "100 Most Powerful People in Health Care" and one of "Minnesota 's 100 Most Influential Health Care Leaders." The Council's efforts have stopped government-issued treatment directives, added informed consent requirements for access to patient data and defeated a proposed Health Insurance Exchange. Brase's daily radio commentary, Health Freedom Minute, is a 60-second radio address on pressing health care issues.

Brase has been interviewed by CNN, Fox News, Minnesota Public Radio, NBC Nightly News, NBC's Today Show, NPR, New York Public Radio, the Associated Press, Modern Healthcare, TIME, The Wall Street Journal, The Washington Post and The Washington Times, among others.