



\*\*\*NEWS RELEASE\*\*\*

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## ***Citizens' Council for Health Freedom*** **President Twila Brase Honored by Wisconsin Senate**

*Patient Advocate Helped Protect State's Rights and Freedoms*

**St. Paul, Minn.—***Twila Brase*, president and co-founder of *Citizens' Council for Health Freedom (CCHF)*, a patient-centered national health policy organization based in St. Paul, Minn., was recently honored by the Wisconsin State Senate for her work to protect patient rights.

The Citation by the Senate from the State of Wisconsin recognized *Brase* for her work in **helping to defeat several Obamacare initiatives, including a federal health insurance exchange**, there. *Brase* has been leading the charge against state legislatures establishing health insurance exchanges, and *CCHF* has helped defeat exchanges in Wisconsin, North Dakota and Michigan.

Health insurance exchanges are being touted as a place where individuals can shop for health insurance once the Obama Administration's mandate that all individuals purchase health insurance kicks in. *Brase* and *CCHF* are also arguing in a Brief before the Supreme Court that the individual mandate in the Affordable Care Act, known as Obamacare, is **unconstitutional**.

Under Obamacare, *Brase* says that every exchange will be required by law to share personal and financial data with the federal government; monitor insurance status for the purpose of enforcing the individual mandate; limit choices of insurance options; expand dependency through subsidies into the middle class; hide the rise in health insurance premiums; and monitor the entire health care industry.

**Brase fought against and defeated health insurance exchanges in Wisconsin, and for her work was honored with the recent citation, which read, "Whereas the state of Wisconsin**

recently faced proposed legislation that would restrict the health care choices of the citizens of Wisconsin, and whereas Twila Brase provided her vast knowledge and expertise in this matter, greatly protecting states' rights and individual freedoms and limiting the expansion of government in the state of Wisconsin, now therefore the members of the Wisconsin Senate on the motion of Senator Frank G. Lasee, do commend Twila Brase for her outstanding work and service to the state of Wisconsin and its citizens.”

Signing the citation were Wisconsin Sen. Frank Lasse, Michael G. Ellis, President of the Senate; and Jeffrey Renk, Assistant Chief Clerk of the Senate.

*Twila Brase* broadcasts a daily, 60-second radio feature, *Health Freedom Minute*, which brings health care issues to light for the American public. *Health Freedom Minute* airs on the entire American Family Radio Network, with more than 150 stations nationwide in addition to Bott Radio Network with over 80 stations nationwide. During the daily features, **listeners can learn more about the agenda behind proposed health care initiatives and policies and what they can do to protect their health care choices, rights and privacy.**

*Brase*, a public health nurse and health care freedom advocate, informs listeners of crucial health issues, such as the intrusive wellness and prevention initiatives in Obamacare, patient privacy and the need for informed consent requirements, the dangers of “evidence-based medicine” and the implications of state and federal health care reform.

*Health Freedom Minute* is sponsored by the *Citizens' Council for Health Freedom*, a freedom-focused, patient-centered national health care organization based in St. Paul, Minn. *CCHF* supports patient and doctor freedom, medical innovation and the right of citizens to a confidential patient-doctor relationship.

For more information about *Citizens' Council for Health Freedom*, visit [www.cchfreedom.org](http://www.cchfreedom.org).

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**For more information or to interview Twila Brase, president and co-founder of Citizens' Council for Health Freedom, contact Michael Hamilton, Hamilton Strategies, 215.519.4838, 610.584.1096, [MHamilton@HamiltonStrategies.com](mailto:MHamilton@HamiltonStrategies.com)**

*Twila Brase is president and co-founder of the Citizens' Council for Health Freedom. She has been called one of the “100 Most Powerful People in Health Care” and one of “Minnesota's 100 Most Influential Health Care Leaders.” The Council's efforts have stopped government-issued treatment directives, added informed consent requirements for access to patient data and defeated a proposed Health Insurance Exchange. Brase's daily radio commentary, Health Freedom Minute, is a 60-second radio address on pressing health care issues.*

*Brase has been interviewed by CNN, Fox News, Minnesota Public Radio, NBC Nightly News, NBC's Today Show, NPR, New York Public Radio, the Associated Press, Modern Healthcare, TIME, The Wall Street Journal, The Washington Post and The Washington Times, among others.*