January 18, 2019

Be Careful What You Say to Doctors

A psychiatrist wants doctors to ask questions that ascertain whether patients have purpose in life. It’s a nice thought, but today HIPAA and the government-mandated electronic health record allow outsiders to see and analyze the answers.

He suggests questions like “What activities, pursuits and relationships give you the most pleasure and meaning? What are your reasons for living? What do you want to accomplish or experience in the coming years?” But would you want your answers made available for scrutiny and dissection?

If you want to talk about your purpose in life, find a direct-pay doctor in The Wedge of Health Freedom where your answers will never leave the four walls of the office. Go to JointheWedge.com


Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

The Health Freedom Minute is now heard in 47 states:
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