February 14, 2019

If You’re Missing a Valentine Today . . .

It’s Valentine’s Day, so consider what it may mean to be single. The Greatest Generation was able to “age in place” because “they were often married…and one spouse often maintained life skills that the other spouse lost.” But today, “half of all older adults do not have life partners,” yet “they wish to age in place.”

Thus, a news report says, they will need outsiders, home health care workers, to help them perform daily functions they can no longer handle. Of course, this assessment ignores the possibility that family members will care for their own. So if you’re missing a Valentine today, take a moment to connect with the family that you love.