



Citizens' Council for Health Freedom

Health Freedom Minute

February 14, 2019

If You're Missing a Valentine Today . . .

It's Valentine's Day, so consider what it may mean to be single. The Greatest Generation was able to "age in place" because "they were often married...and one spouse often maintained life skills that the other spouse lost." But today, "half of all older adults do not have life partners," yet "they wish to age in place."

Thus, a news report says, they will need outsiders, home health care workers, to help them perform daily functions they can no longer handle. Of course, this assessment ignores the possibility that family members will care for their own. So if you're missing a Valentine today, take a moment to connect with the family that you love.

"Californians Don't Have Have [sic] Enough Doctors. Here's How to Fix That by 2030, Panel Says," Cathie Anderson, The Sacramento Bee, February 4, 2019: <https://www.sacbee.com/news/local/health-and-medicine/article225505485.html>

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states:
Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH,
afternoons on American Family Radio, and daily on the CSN network
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