March 18, 2021

One Year of Lockdowns is Enough

March 13 was the first anniversary of the day President Trump declared the coronavirus pandemic to be a national emergency. California was the first state to issue stay-at-home orders on March 18, one year ago today. Two days later Illinois and New Jersey told their residents to stay home. New York issued a lockdown on March 22. In the next three days 15 more states followed.

By the end of March, 32 states had lockdowns in place. Another 10 states and Washington, D.C. issued stay-at-home orders by April 7th. These orders varied in type and duration. A few states like Texas, South Dakota and Iowa issued only advisories. Some bureaucrats threaten another year of Covid restrictions. Just say no. This must not be allowed to happen.


Presented daily by Twila Brase, President and Co-founder Citizens’ Council for Health Freedom.

The Health Freedom Minute is now heard in 48 states: Mon-Fri on more than 850 radio stations nationwide

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