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**What Does Flatten the Curve Mean?**

Have you found the Facebook Live videos I’m doing as part of our mission to educate Americans? As president of Citizens’ Council for Health Freedom I’ve done about 10 videos on COVID-19. The purpose is education.

So who remembers what “flattening the curve” means? It does not mean escaping the virus. It means slowing the spread so hospitals are not overwhelmed. But I’m not sure our leaders remember this fact, given the draconian orders they’ve been issuing. Putting Americans under a soft version of house arrest long-term and depriving people of income just so Americans get sick at a slower rate is ultimately unwise. The virus will do what the virus will do. We can’t stop it, so let’s make sure we have a resilient people and a thriving economy when it’s all over.