May 18, 2020

Facts about Testing for COVID-19

I want to share why you might not want to be tested for COVID-19 and why mandated testing is a bad idea. First, the nasal swab test is not definitive. Hospitalized patients obviously suffering from COVID-19 have tested negative, and only later tested positive. Plus, the test only tells your status at that moment. By the time you get the negative result, which may be days later, you may have become infected. But you’ll think you aren’t.

In addition, antibody tests are notoriously unreliable and even if you have antibodies, they may not be the neutralizing kind that mean you’re immune. Even the World Health Organization says there is “no evidence” that having antibodies means you won’t get re-infected. So, think twice about getting testing, unless you’re obviously ill.