June 19, 2020

Reasons to Stay Calm as Cases Rise

As confirmed COVID-19 cases rise, let me suggest several reasons to stay calm. First, increased testing means more cases, but many won’t have symptoms.

Second, the time it takes to double the total number of cases is lengthening. In Minnesota, doubling of total cases has risen from one day to 12 days and now to at least 27 days, despite newly confirmed cases. Third, there’s never been an exponential growth in cases or deaths, which is good news.

Fourth, the number of cases without symptoms could be as high as it was on the Princess Diamond ship, which was almost 75 percent. Finally, the “flatten the curve” plan worked. It limited the spread until hospitals were prepared for an influx of patients. And, in other good news, the death rate has seemed to plateau.

“Almost 75% of people on board Diamond Princess with COVID-19 may have been asymptomatic,” London School of Hygiene & Tropical Medicine, May 6, 2020: [https://bit.ly/30JEBSF](https://bit.ly/30JEBSF)

U.S. COVID-19 Deaths - From Google:

Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

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