



Citizens' Council for Health Freedom

# Health Freedom Minute

August 21, 2019

## Health Plans Use Networks to Ration Care

A retired human-resources professional in Colorado had to find a new health plan. To make sure that her eight doctors were in the network, she reviewed the provider directories and picked accordingly. Only later, after the first doctor's office rejected her coverage, did she discover that just three of the eight doctors were in network. She was shocked. But the reality is, many directories may not be up to date.

But the real problem is the network. Real insurance lets you go anywhere and see anyone. Health plans use networks to limit your access to care. Avoid this problem by finding a doctor in The Wedge of Health Freedom, our list of direct-pay doctors. Go to [JoinTheWedge.com](http://JoinTheWedge.com), That's [JoinTheWedge.com](http://JoinTheWedge.com)

**“She liked her doctors but couldn’t keep them,”** Andy Koen, KOAA News5, August 2, 2019: <https://bit.ly/2TgN9dS>

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states:  
Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH,  
afternoons on American Family Radio, and daily on the CSN network  
and Bott Radio Network.*