



Citizens' Council for Health Freedom

Health Freedom Minute

September 4, 2020

Avoid the Covid-19 Test Unless You're Sick

The CDC now says there's no need to get tested for COVID-19 unless you feel sick. This is good advice. But the fearmongering class say it'll be a disaster. Let me remind you of five facts.

First, the CDC originally advised to only get tested if you were sick. Second, the tests are not always accurate and the counting of cases is suspect. Third, the test is only good for the moment you test. To know for sure you're not infected, you'd have to test every day. Fourth, people should worry about being quarantined if they test positive but feel perfectly fine. And fifth, people die from the seasonal flu every year, and more people get the flu than die from it. We do not test everyone for flu, and we should not test everyone for COVID-19. Avoid the test unless you're sick.

“New Federal Virus Testing Advice Sparks Confusion,” Associated Press, U.S. News and World Report, August 26, 2020: <https://bit.ly/2YLzIMJ>

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states:
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