



Citizens' Council for Health Freedom

Health Freedom Minute

October 27, 2020

The Danger of Trying to “Contain” COVID-19

Some claim we can “contain” the COVID-19 virus. This defies logic and science, but governors are using this rationale to keep lockdowns in place, which are leading to economic disaster and lockdown-related fatalities.

Do we try to contain the flu, which kills thousands every year? No. Did we try to contain the 2009 swine flu pandemic? No. Did we stop it? No. Did we lock down? No. Did a vaccine stop it? No. Major distribution happened too late. Is it still circulating among us? Yes. Are we worried? No. Most of us are immune to it.

Viruses can't be contained. But here's the good news: some people may never get COVID-19, it may mutate to a milder virus, and many may already be immune because they got the common cold, which is also caused by a coronavirus.

“Axios Vitals,” Caitlin Owens, Axios, October 22, 20: <https://bit.ly/37GxJJv>

“Here's What Happened the Last Time We Had a Vaccine During a Pandemic,” Shawn Radcliffe, Healthline, August 10, 2020:
<https://bit.ly/35uM48P>

“Immune cells for common cold may recognize SARS-CoV-2,” NIH Research Matters, National Institutes of Health, August 18, 2020:
<https://bit.ly/2Hwm44C>

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states:
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