Welcome to the Health Freedom Minute. This is Twila Brase, president of Citizens’ Council for Health Freedom.

There used to be inexpensive catastrophic health insurance policies, also known as major medical. This is true insurance, meant to cover the cost of the rare, unexpected costs of a medical catastrophe.

The insured patient would cover the cost of routine and minor care and their insurer would be there for the disaster. Today most people do not have insurance. They have expensive prepaid medical care – a health plan for every expense. They expect the plan to pay for earaches, broken pinkie fingers, vaccinations and annual exams.

Obama solidified health plan dominance and power. Under Obamacare, all citizens must buy coverage from a health plan. Catastrophic insurance becomes illegal in 2014.

If you will lose your insurance as a result, please contact me at healthfreedomminute.net. That’s healthfreedomminute.net.