



Citizens' Council for Health Freedom

Health Freedom Minute

January 9, 2019

The Joy of Direct Primary Care

Forty-eight percent of physicians are thinking about leaving the practice of medicine or reducing their patient load. Roll that number around in your head and ask yourself if there will be a physician in your future.

Some doctors will retire too early or choose non-clinical work. But others will switch to Direct Primary Care (or DPC). Dr. Rob Lamberts, MD, writing about why he opened a DPC practice, said, "My joy in practice had been hacked away by the increasing requirements of the government, computerized records, data submission, insurance harassment, and shrinking time with each person." He felt ineffective, and unable to "give truly good care to anyone." Find a DPC practice at JointheWedge.com

"How My Life Changed: Transitioning to Direct Primary Care," Rob Lamberts, MD, Medical Economics (blog), August 1, 2018:

<http://www.medicaleconomics.com/business/how-my-life-changed-transitioning-direct-primary-care>

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states:
Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH,
afternoons on American Family Radio, and daily on the CSN network
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