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Health Plans are NOT Health Insurance

What’s a health plan? First, health plans are not health insurance. Real insurance doesn’t tell you where to go or what you can have. It sets payment and you take it where you wish. Second, health plans are a corporate version of socialized medicine. The dollars, decisions, and data are centralized and used to control your doctors.

How did this happen? Health plans emerged out the HMO Act of 1973, with the support of Republican President Nixon and single-payer advocate Democrat Senator Ted Kennedy. The Act melded the financing and delivery of care together creating a conflict of interest with the patient. Until you figure that out, you won’t demand Congress restore real insurance.


“Birth of the HMO,” published by Ray Koch, YouTube (start at 0:38): https://www.youtube.com/watch?v=3qpLVTbVHnU&feature=youtu.be: “All the incentives are toward less medical care because the less care they give them, the more money they make.” said John Ehrlichman, a top aide in the Nixon administration, to President Nixon. “Fine” said Nixon.

Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

The Health Freedom Minute is now heard in 47 states:
Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the CSN network and Bott Radio Network.