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**Would You Take A Digital Pill?**

I have long opposed the electronic prescribing mandate. Your pharmacy is in your record, it’s more difficult to shop around for the best price, and your doctor can find out exactly when or if you picked up your medication. But prescription tracking is headed to a much more intrusive level. It’s called digital pills.

Imagine your doctor and your insurer knowing exactly when you take every pill. The pills contain a sensor that transmits a signal through a wearable patch. As soon as you swallow a signal is sent to your computerized medical record. One expert calls them “snitch pills.” Imagine if government or insurers required you to take digital pills? What would you do?