Tracking Your Prescription Pick-Up

Welcome to the Health Freedom Minute. This is Twila Brase, president of Citizens' Council for Health Freedom.

Do you have a prescription waiting at the pharmacy? Electronic prescribing has given researchers and others the ability to know if you have picked up your prescription or left it on the shelf.

One study evaluated more than 423,000 e-prescriptions written in 2008 by 3,634 doctors for more than 280,000 patients from all 50 states.

Researchers matched prescriptions with insurance claims or lack of claims to identify who didn’t pick up their meds. They found 24 percent of patients didn’t get their prescriptions.

Some states mandate electronic prescribing. If you want to keep your decisions private, get a paper prescription and fill it when and if and where you want to.

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