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Feds Go Shopping for Essential Benefits

Welcome to the Health Freedom Minute. This is Twila Brase, president of Citizens’ Council for Health Freedom.

On October 21, the Institute of Medicine (the IOM) released a set of criteria they say the government should use for determining which insurance benefits are “essential.” Under Obamacare, the Secretary of Health and Human Services makes the final decision for all of us.

The IOM compares the decision on essential benefits with grocery shopping. It states, “One option is to go shopping, fill up your cart with the groceries you want, and then find out what it costs. The other option is to walk into [a] store with a firm idea of what you can spend and to fill the cart carefully, with only enough food to fit within your budget.” The IOM recommended the “only enough food” option.

I’ll bet that you don’t want the Secretary deciding your medical care anymore than you want her choosing your groceries. Listen again at healthfreedomminute.net.