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Will You Accept Techno-Tracking?

It’s Black Friday, and some of you have been shopping for hours. If you go shopping, think twice about the technology that you buy. I’ve been reading about the Apple Watch and Apple’s plans to delve deeper in health IT. Or consider everywhere that your Fitbit data could go. Health IT industry experts would like it to go straight into a computerized medical record. Every step you take available for government and others to analyze.

Meanwhile one article warns about the impact of counting children’s steps. Some will like it. Others will become discouraged. And what does it do to the carefree nature of childhood? And will it apply unnecessary pressure on your child far into the future? What will your child accept if she’s learned to be tracked from childhood? Think about it before you buy.