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**Once Upon a Time, There Were No Health Plans**

Once upon a time, there were no health plans. We had inexpensive, high-deductible insurance that we never used unless we got really sick. Clinics would greet us by name when we arrived instead of first demanding our insurance card as though it were a passport for receiving care.

Congress imposed health plans in 1973 which led to expensive prepaid health care policies with low deductibles. But under Obamacare’s mandates, health plan premiums got higher and deductibles became unaffordable. By law, health plans must offer “coverage” but can broadly limit access to care using “medical necessity” definitions. If you have a health plan, be warned: you don’t have guaranteed access to care.


Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

*The Health Freedom Minute is now heard in 40 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the Bott Radio Network.*