



Citizens' Council for Health Freedom

Health Freedom Minute

January 24, 2012

Paula Deen, Diabetes, and Personal Responsibility

Paula Deen, a celebrity chef, recently announced she has had Type 2 Diabetes for three years and that she now has a contract with a company to help market a drug for diabetics.

Ms. Deen has been assailed for keeping her diagnosis secret while promoting decadent high fat, high salt recipes.

Unfortunately, the issue of personal responsibility has been lost in this public feeding frenzy. Ms. Deen is popular because people love her food. Individuals can use her recipes or not. Eating responsibly is a personal choice. What people choose to eat is not Paula Deen's responsibility, nor is she required to discuss her private health matters with the world or get the public's approval to take a job.

Source: ["Diabetics call Paula Deen a hypocrite for hiding disease while promoting sugar-heavy foods."](#) Jo Piazza, FoxNews, January 19, 2012.

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

The Health Freedom Minute is now heard in 37 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the Bott Radio Network.