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How Monitored Are You Willing To Be?

Imagine if every heart beat were analyzed for problems. According to tech expert Michael Malone, by continuous monitoring, you could find out that a “missed heartbeat last week” could be a sign of cardiac trouble next month.

He says external and internal monitoring devices will continuously gather unimaginable quantities of health and medical data on billions of people allowing us to solve “needs you never imagined.” For example, impending bouts of depression could be identified by looking at changing lifestyles such as social media usage and body movement.

So ask yourself: To what degree are you willing to live monitored? No one gets out of this life alive. So where do you want freedom to end and the potential for fear to begin?


Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

The Health Freedom Minute is now heard in 41 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the Bott Radio Network.