March 11, 2014

When Doctors Follow Rather Than Lead

You want to trust your doctor will do what’s best for you. But what if your doctor has become a follower instead of a leader? In the British Medical Journal, Jeanne Lenz writes,

“Doctors who are skeptical about the scientific basis of clinical guidelines…can follow guidelines even though they suspect doing so will cause harm, or they can ignore them and do what they believe is right for their patients, thereby risking professional censure and possibly jeopardizing their careers…[T]here is evidence that even when doctors believe a guideline is likely to be harmful and compromised by bias, a substantial number follow it.”

Be sure to ask your doctor if he or she is following a guideline.


Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

The Health Freedom Minute is now heard in 40 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the Bott Radio Network.