HIPAA's New Cash-for-Care Privacy

A HIPAA revision gives a new privacy right to some insured patients. Doctors must not share diagnosis and treatment information with insurers if patients pay cash for a specific treatment and request privacy. However Medicare patients can’t exercise this right unless their doctor opts out of Medicare.

And if State law forbids doctors from taking cash from insured patients, the doctor must inform the insurance company even if a patient asks him not to. Since many states forbid doctors from accepting cash from insured patients, here’s my suggestion: if you want privacy, go to a new clinic, do not disclose the name of your insurer, and pay cash.

“Modifications to the HIPAA Privacy, Security, Enforcement, and Breach Notification Rules under the Health Information Technology for Economic and Clinical Health Act and the Genetic Information Nondiscrimination Act: Other Modifications to the HIPAA Rules,” Office for Civil Rights, HHS, January 25, 2013.