



Citizens' Council for Health Freedom

Health Freedom Minute

April 21, 2015

Flu Vaccine Ineffective for Most

Now that the flu season is over, guess what! The vaccine was only 23% effective overall and only 12% effective in adults – the lowest effectiveness rate in ten years. Because flu viruses rapidly mutate, it's difficult to make the correct vaccine.

Nevertheless, the Centers for Disease Control encourages people to get vaccinated, and we continue to pay for the federal vaccine program. The CDC argues that the ineffective vaccine can still help mitigate the severity of the disease. I'd like to see proof. In 2015, taxpayers spent \$187 million for the federal influenza program. Perhaps we should rethink this expense.

["Seasonal flu vaccine only 12 percent effective in adults – CDC,"](#) RT.com, January 16, 2015.

["Overview of the Budget Request"](#) (CDC FY 2016 Congressional Justification), Centers for Disease Control and Prevention, January 30, 2015, p. 11.

"Flu Vaccine Faces Scrutiny," Betsy McKay, The Wall Street Journal, February 3, 2015.

Presented daily by Twila Brase, President, Citizens' Council for Health Freedom.

The Health Freedom Minute is now heard in 41 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the Bott Radio Network.