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Inspiration from Senator Sasse

At this turbulent time, with an uncertain future and no Obamacare repeal in sight, let’s be inspired by who we are. Nebraska U.S. Senator Ben Sasse writes,

“America is first and fundamentally about a shared Constitutional creed. America is exceptional, because she is at her heart a big, bold truth claim about human dignity, natural rights, and self-control – and therefore necessarily about limited rather than limitless government.”

He calls America “the most exceptional nation in the history of the world,” and he acknowledges that “Our Founders said that God gives us rights by nature, and that government is not the author or source of our rights. Government is just our shared project to secure those rights.” Thank you Senator Sasse.


Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

The Health Freedom Minute is now heard in 45 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the Bott Radio Network.