EHRs Hurt Nurses and Patient Care

One survey found 49 percent of 250 full-time nurses feel some physical discomfort entering patient data into electronic health records. Nurses used to be able to sit and chart but now they have to stand. Twenty-two percent admit to being less friendly or limiting their interactions with patients if their body hurts.

In another startling statistic, today’s nurses spend 35 percent of their time on the computer documenting. That’s 3.5 hours of their workday away from patients. When I practiced, I spent minutes on documentation in a paper record, not hours. So the real question is, do you want your nurse to be a data collector and data reporter, or a caregiver?


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The Health Freedom Minute is now heard in 41 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the Bott Radio Network.