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**Personal Encounter Changed Everything**

I recently spoke with someone involved in health policy whose personal encounter with the health care system changed her mind completely about how health care should work. She complained that nurses entered her room and headed straight for the computer, spending little to no time talking to her or finding out how she was doing. I asked her if she felt neglected and she said yes.

She also noticed how the health plan paid only slightly more than one-third of the bill. That meant the costs of her care wasn’t nearly as high as the hospital bill had led her to believe. Getting up front and personal at the hospital shed light on what patients really need and how relatively little it could cost. Let’s not let bureaucrats, politicians and insurers drive up costs and distract caregivers from patients.

Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

*The Health Freedom Minute is now heard in 47 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the CSN network and Bott Radio Network.*