Government to Issue Fitness Plans

There’s a troubling bill in Congress called the “Promoting Physical Activity by Americans Act.” This short bill could have a long future of intrusive government growth. This bill would require the U.S. Department of Health and Human Services to issue physical activity recommendations every 10 years. And federal agencies would be required to promote these recommendations in government programs like Medicare and Obamacare.

Eventually health plans and government could use these recommendations to profile and penalize citizens.

Senate co-authors are Iowa Democrat Tom Harkin and Mississippi Republican Roger Wicker. House co-authors are Wisconsin Democrat Ron Kind and Illinois Republican Aaron Schock. Let them know what you think.

HR 2179 and S 531