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Ask the Question

One man’s first visit to a doctor after he enrolled in Medicare was 15 years later at a robust 80 years old, basically just for a checkup. But that began six years of medications to bring his stubbornly-unchanged blood pressure and blood sugar levels down to government-approved standards.

As a result, he eventually became so dizzy due to medication-induced low blood pressure and low blood sugar that he broke his hip, lost his savings, his home and his independence.

Ask your doctors if you really need the medications they want to prescribe or if they are just adhering to government guidelines to get a compliance bonus. Your life may depend on you asking the question.


Presented daily by Twila Brase, President, Citizens’ Council for Health Freedom.

The Health Freedom Minute is now heard in 47 states:
Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH, afternoons on American Family Radio, and daily on the CSN network and Bott Radio Network.