



## **\*\*\*NEWS RELEASE\*\*\***

For Immediate Release  
September 26, 2022

**CONTACT:**

John Sonnen, Communications Manager, [media@cchfreedom.org](mailto:media@cchfreedom.org), 651-382-6158

### **THIRD PRINTING OF ‘BIG BROTHER IN THE EXAM ROOM’ NOW AVAILABLE!**

#### ***Award-Winning Book from Citizens’ Council for Health Freedom Gives Action Steps for Restoring Health Freedom***

ST. PAUL, Minn. — Citizens’ Council for Health Freedom (CCHF) has released a new and updated edition of their groundbreaking book, **Big Brother in the Exam Room**, this time with the often-requested index and revised section on the National Patient ID.

The eight-time, award-winning book, published by **Beaver’s Pond Press**, is authored by CCHF **President and Co-founder, Twila Brase, RN, PHN**. The book was first published in 2018 and has received wide acclaim. It has changed the way readers view their exam room experience.

Big Brother in the Exam Room sheds light on how Congress forced doctors and hospitals to install a data-collecting, command and control surveillance system in the exam room. The book also includes quotes from doctors and data from more than 125 studies to describe the impact of EHRs on privacy, patient care, costs, and patient safety.

***“I wrote this book to expose the dangers of government-imposed electronic health records, or EHRs,” said author Twila Brase. “The book is a comprehensive history of how the EHR ended up in every exam room and at every hospital bedside. It names those who pushed to digitize and make online-accessible your most personal information without your consent, and it shreds the myth that HIPAA protects privacy. As the corporate drive to access patient data intensifies, this book is more relevant than ever. Every person is, or will be, a patient whose doctor’s appointment can be exploited by outsiders at a time when they have no option but to divulge confidential details of their life.”***

**About Citizens’ Council for Health Freedom:**

CCHF exists to protect patient and doctor freedom. As a national health freedom policy organization, CCHF maintains a patient-centered, privacy-focused, free-market perspective. For more information visit: [www.cchfreedom.org](http://www.cchfreedom.org).

To request an interview with Twila Brase, call 651-382-6158 or email John Sonnen at [john@cchfreedom.org](mailto:john@cchfreedom.org).