



Twila Brase, RN, PHN

Public Health Nurse
President and Co-founder

BRIEF BIOGRAPHY

Twila Brase is president and co-founder of the Citizens' Council for Health Freedom (CCHF), a patient-centered national organization based in St. Paul, Minnesota. She is also author of the groundbreaking book, *Big Brother in the Exam Room: The Dangerous Truth About Electronic Health Records* (Beaver's Pond Press, July 11, 2018).

In August 2009, *Modern Healthcare* named her #75 on their "100 Most Powerful People in Healthcare" list. The Council initiated a billboard campaign that went viral in March 2014 ("Obamacare Games: Where the odds are never in your favor – Refusetoenroll.org"). CCHF also helped 34 states refuse Obamacare exchanges, stopped government-issued treatment directives, added consent requirements for access to patient data, drawn national awareness to state storage and use of newborn DNA without consent, which led to lawsuits in IN, MN and TX and led to a federal parent consent law for research using newborn DNA. In June 2016, CCHF launched **The Wedge of Health Freedom** to build a free-trade zone of direct-pay practices.

In October 2013, Ms. Brase received the 2013 Eagle Forum's Eagle Award for Minnesota. In September 2014, she received the "Freedom of Informed Choice Award" at the Sacred Fire of Liberty Gala in Maryland.

Ms. Brase's "Health Freedom Minute" is heard on more than 800 radio stations in 47 states. She provides testimony at state legislatures, meets with members of Congress, and speaks around the country. She has presented on topics such as:

- Stopping Obamacare Before It's Repealed (Space Coast Tea Party, Cape Canaveral, FL; GOP Women, Naples, FL)
- Electronic Health Records and Privacy (eHI's 2013 HIE Summit D.C., 2015 National Physician Coalition, DC)
- Obamacare and Privacy (Tennessee Eagle Forum (Nashville, TN) and AAPS Annual Meeting (Denver, CO))
- Patient Privacy and need for consent (Congressional staff briefings; NM legislative committee, TX Medical Assn)
- Evidence-Based Medicine (SPN, Miami; Physician forum, Ohio; WPC in Seattle; ALEC in D.C., AAPS in SC)
- Patient-Doctor Relationship (National Federation of Women Legislators, Orlando, FL)

She also testified before a federal committee against a national patient identification number. **Her article "Blame Congress for HMOs" has been placed into the Congressional Record** of the U.S. House of Representatives.

Ms. Brase's media interviews include: American Family Radio (AFR), CBS-TV, CNN, Fox News (ANH – biosurveillance) and Glenn Beck (Baby DNA), KARE-TV (NBC), MN Public Radio, NBC Nightly News, NBC TODAY SHOW, NPR, New York Public Radio, Crosstalk on VCY Radio and WCCO-TV. She has been quoted in *The Associated Press*, *Dallas Morning News*, *Lifezette.com*, *Medical Economics*, *Modern Healthcare*, *Pioneer Press*, *Star Tribune*, *TIME*, *The New York Times*, *The Wall Street Journal*, *The Washington Post*, *The Washington Times*, and *Washington Examiner* to name a few. She has authored several reports:

- *Exposing Idemia; The Push for National Biometric IDs in America* - February 2018
- *Profiled from Birth: Not Just a Birth Certificate* - February 2015
- *Patient Privacy and Public Trust: How Health Surveillance Systems Are Undermining Both* – August 2013
- *National Patient ID* – July 2012
- *State Health Insurance Exchanges Will Impose Federal Control* – May 2011
- *The U.S. CENSUS: From Enumeration to Intrusion* – March 2010
- *MEDICAL SHARING – An Inexpensive Alternative to Health Insurance* - January 2010
- *Newborn Genetic Screening: The New Eugenics?* – April 2009
- *Evidence-Based Medicine" – Rationing Care, Hurting Patients* – re-published by ALEC, 12/08
- *MEDICARE: Need an Escape Plan, Not a Rescue Plan* – May 2007

Ms. Brase holds a Bachelor of Arts degree in Nursing from Gustavus Adolphus College in St. Peter, Minnesota, specialized in emergency room nursing, and is a certified public health nurse.