

21 Principles for Health Freedom

1. State Powers: Health care is a state issue, not a federal issue.
2. Cash for Care: Unrestricted freedom to pay -- and receive -- cash for care
3. Ownership: Citizens, regardless of employment, own their own health insurance policies
4. Portable: Life-long “take it with you” health insurance
5. Medicare Freedom: Citizens opt-out of Medicare without losing Social Security benefits
6. True Insurance: *Interference-free* indemnity insurance, not “managed care” health plans
7. Protected: Patient care free from government intrusions and managed care controls
8. Conscience: Freedom of conscience for physicians and other practitioners
9. No Rationing: Freedom of choice in treatment and insurance decisions
10. Options: Freedom to be insured, uninsured or choose alternatives (i.e. health-sharing)
11. Affordability: Cash-based pricing and payments for routine and minor care
12. Trustworthy: Confidential, conflict-free patient-doctor relationship
13. Third-Party Free: Direct payments between patient and doctor; patient and hospital
14. Private Contracts: Direct payments between health insurer and enrollee
15. Cost-Consciousness: Financial “skin in the game” for all patients and enrollees
16. Charity and Charitability: Encouraging gratitude and generosity rather than entitlement
17. Privacy Rights: Consent requirements for patient care, medical records, and research
18. DNA Ownership: Consent requirements for collection, storage, use and dissemination
19. Right to Refuse: to receive care; stay hospitalized, share data, be a research subject
20. Parent Rights: Government prohibited from imposing controls on child’s care
21. Natural Death: Physicians retain life-sustaining, trusted, ethical role of care/protection