



Citizens' Council on Health Care  
1954 University Ave W, Ste 8  
Saint Paul, Minnesota 55104  
www.cchconline.org; 651-646-8935



## Twila Brase, RN, PHN

Public Health Nurse  
President, Citizens' Council on Health Care

### **BRIEF BIOGRAPHY**

Twila Brase is president and co-founder of the Citizens' Council on Health Care (CCHC), a freedom-focused, patient-centered national health care organization based in St. Paul, Minnesota.

In August 2009, *Modern Healthcare* magazine named her as #75 on the **“100 Most Powerful People in Healthcare”** list. **In May 2010, the *Star Tribune* profiled her on the front page:** “Twila Brase: Health care power or health care pain?” In 2000, the *Minnesota Physician* magazine selected her as one of “Minnesota’s 100 Most Influential Health Care Leaders.” The Council’s efforts have stopped government-issued treatment directives, led to a veto of a “Baby DNA Warehouse” bill, added informed consent requirements for access to patient data, defeated a proposed Health Insurance Exchange, defeated an attempt to repeal genetic privacy and informed consent rights regarding newborn DNA, and led to lawsuits in Minnesota and Texas against the illegal storage, use, and dissemination of newborn DNA.

**Ms. Brase provides daily radio commentary through the “Health Freedom Minute”** (*AM 1280 - The Patriot*), provides testimony at the legislature, meets with members of Congress, and speaks around the country. For example, she has presented on topics such as:

- The intrusive wellness and prevention initiatives in ObamaCare (Washington, D.C.)
- Patient privacy and need for consent (Congressional staff briefings; NM legislative committee)
- Danger of “evidence-based medicine”(EBM) (Washington Policy Center (Seattle))
- Proposed health care reform ( Kentucky business forum/Minnesota Tea Party rallies)
- Evidence-Based Medicine (State Policy Network forum in Miami; Physician forum Ohio)

She also testified against imposing a national patient identification number before a federal committee in Chicago. **Her article “Blame Congress for HMOs” has been placed into the *Congressional Record*** of the U.S. House of Representatives. She is regularly invited to join with other health care experts in a 2-day summit hosted by The Cato Institute.

**Ms. Brase’s media interviews include:** *CNN, Fox News, KARE-TV (NBC), KTLK, Minnesota Public Radio, NBC Nightly News, NBC TODAY SHOW, NPR, New York Public Radio and WCCO-TV.* She has been quoted in *The Associated Press, Dallas Morning News, Medical Economics, Minneapolis Star Tribune, Modern Healthcare, St. Paul Pioneer Press, TIME, The Wall Street Journal, The Washington Post, The Washington Times, UPI, WORLD, and WORLDNETDAILY,* to name a few. She is author or co-author of several recent reports including:

- *The U.S. CENSUS: From Enumeration to Intrusion* – March 2010
- *MEDICAL SHARING – An Inexpensive Alternative to Health Insurance* - January 2010
- *Small Business Endangered by Health Insurance Reform* - December 2009
- *Newborn Genetic Screening: The New Eugenics?* – April 2009
- *Evidence-Based Medicine” – Rationing Care, Hurting Patients* – published by ALEC, 12/08

Ms. Brase holds a Bachelor degree in Nursing from Gustavus Adolphus College in St. Peter, Minnesota, specialized in emergency room nursing, and is a certified public health nurse.