Patients Lose Big in Medical Loss Rule

Welcome to the Health Freedom Minute. This is Twila Brase, president of Citizens’ Council for Health Freedom.

Last week, the Obama administration issued rules that require insurers to spend a certain amount of each premium dollar on medical care. They also allow spending for activities that enable rationing of care to be included in that amount.

Smaller insurers must spend 80 percent of premium dollars. Larger insurers must spend 85 percent. This is called the “medical loss ratio.” In other words, insurers must spend, essentially lose, this percent of the premiums they collect from you or your employer.

But the 308-page rule allows insurers to count as medical care the cost of interfering with your doctor’s decisions, conducting exam room surveillance and government reporting. In other words, insurers will be able to count rationing tools as providing medical care.

Find the Rule at healthfreedomminute.net.


The Health Freedom Minute is heard weekdays in Minnesota at 7:03 a.m., 11:03 a.m., 2:03 p.m. and 5:03 p.m. on WWTC AM1280 The Patriot.