February 16, 2011

Why is Government Publishing Cookbooks?

Welcome to the Health Freedom Minute. This is Twila Brase, president of Citizens’ Council for Health Freedom.

Today is our protest of state Rep. Steve Gottwalt’s bill to implement the Obamacare Health Insurance Exchange. Please come at 2:30 p.m. to room 200 of the State Office Building. Bring lots of quarters for parking.

In other news, the federal government has just released a cookbook of 75 recipes to help us all eat healthy. The NIH press release reminds us that nutritious meals can be tasty and easy to prepare. Wow, that’s what my mother taught me.

Why is the federal government writing cookbooks? Why are your taxpayer dollars going to the federal government to compete with the private cookbook publishing companies? Wouldn’t you agree that the healthiest thing the government could do for us would be to keep their hands out of our pockets and our pastries?

Listen again at healthfreedomminute.net.


The Health Freedom Minute is heard weekdays in Minnesota at 7:03 a.m., 11:03 a.m., 2:03 p.m. and 5:03 p.m. on WWTC AM1280 The Patriot.