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Do Genes Tell How Long We’ll Live?

Welcome to the Health Freedom Minute. This is Twila Brase, president of Citizens’ Council for Health Freedom.

Do you want to know when you’re going to die? A new test can supposedly tell you how long you’re going to live. The test measures the length of telomeres. These are repetitive structures of DNA at the tips of every person’s chromosomes. A chromosome is a single piece of coiled DNA containing many genes.

For about $704 dollars, the test could tell you whether your biological age is older or younger than your actual chronological age.

Some scientists question its value and wonder whether there should be stronger ethical controls over its wider use. Life Length, the company that invented it, is preparing for over-the-counter sales. The inventor, Dr. Maria Blasco, says learning the information maybe cause you to change your lifestyle habits.

Sign up for our monthly Health Freedom Watch at healthfreedomminute.net.

“The L400 Test that tells you how long you’ll live,” Steve Connor, Science Editor, May 16, 2011.

The Health Freedom Minute is now heard in 37 states: Mornings M-Th at AM1280 (The Patriot) in MN and 91.5 AM WHKC (FreedomFM) in OH and afternoons on American Family Radio.