June 23, 2010*

Watching Your Wellness

Welcome to the Health Freedom Minute. This is Twila Brase president of Citizens’ Council on Health Care.

I will spend the next few days talking about the intrusive wellness and prevention initiatives in ObamaCare.

To reduce health care costs, government plans to delve into the nitty gritty of our lives to keep us healthy and fit. It won’t work – people get sick, people get injured, people die – but imagine how intrusive and coercive it could be.

Last week, the U.S. Department of Health and Human Services announced $250 million in grants to train and develop 16,000 new primary care providers. The press release said this plan would let them “place an increased emphasis on preventive care and wellness…making this country healthier in the long run.”

What do the Feds expect these providers to do? Tune in tomorrow.

Find this broadcast at www.healthfreedomminute.net.

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The Health Freedom Minute is heard weekdays in Minnesota at 7:03 a.m., 11:03 a.m., 2:03 p.m. and 5:03 p.m. on WWTC AM1280 The Patriot.