



Citizens' Council on Health Care

Health Freedom Minute

August 10, 2010

Taking “Care” out of “Health Care”

Welcome to the Health Freedom Minute. This is Twila Brase president of Citizens' Council on Health Care.

What is “health care”? The federal government is writing regulations to define the term. You should be concerned.

ObamaCare requires a certain percentage of every premium dollar to be used to pay for “health care” rather than administration. But what is health care? If insurers have their way, it will include more than actual patient care.

The National Association of Insurance Commissioners proposes to include management tasks in the definition of “health care,” such as care coordination, chronic disease management, nurse hotlines, discharge planning, and wellness promotion programs.¹

Be advised. If allowed, insurers will be able to spend more money on management and less money on surgery, medications, treatments, doctor's visits, and actual patient care.

Find this broadcast at healthfreedomminute.net

¹ “NAIC Is Acting Wisely on Medical Loss Ration Rules,” Professor Timothy Jost (NAIC consumer representative) [Letter to Editor](#), Wall Street Journal, August 7, 2010.

*The Health Freedom Minute is heard weekdays
in Minnesota at 7:03 a.m., 11:03 a.m., 2:03 p.m.
and 5:03 p.m. on WWTC AM1280 The Patriot.*