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DNA Sequencing

Welcome to the Health Freedom Minute. This is Twila Brase president of Citizens’ Council on Health Care.

There’s a good article on DNA this month in the Delta airlines magazine. It shows how DNA can be used, misused and misinterpreted.

Analysis of a person’s genome – called sequencing – is the analysis of all 3 billion DNA base-pairs. Your genome carries information about your weaknesses to disease, susceptibility to cancer, the effectiveness of certain drugs and possible causes of your death. But it may not be correct. One man was told he’s at low risk for asthma, but he’s had asthma his entire life.

Genomic sequencing is expected to cost only $2,000 in the next few years. But if you’re thinking about any genetic testing, do research and decide if you want to know what you could be told.

Find this broadcast at healthfreedomminute.net