



IN THIS ISSUE



A Letter From The President

Twila Brase, President & Co-founder *Page 3*

CCHF Engaging With The Public

Page 4

HFM Radio: "Vaccine Hesitancy" is a Deceptive

Word *Page 6*

In Case You Missed It

CCHF shared important news you may have missed *Page 6*

Save The Date for CCHFs Annual Gala with Scott W. Atlas, M.D.

Page 7

Above: United States Capitol in springtime!

Exciting Health Freedom Opportunities!

By Twila Brase, RN, PHN, President and Co-founder

The 21st year of the 21st century is turning out to be anything but ordinary. And although we don't expect invitations to the Biden White House any time soon, there are other exciting health freedom opportunities at the federal level. For example, we're working with another organization and the office of a U.S. Senator to give patients quicker access to certain treatments. Stay tuned for more!

In addition, U.S. Representative **Gary Palmer (R-AL)** and U.S. Senator **Ted Cruz (R-TX)** have reintroduced the **Retirement Freedom Act** to give seniors the right to opt-out of Medicare without losing Social Security benefits. This will not pass in the next two years, but our plan is to build momentum for the next opportunity to move it forward. We're not letting this critical initiative slip away. Therefore, I encourage **you** to ask your members

of Congress to co-sponsor the RFA bills in the House (*H.R. 1166, Palmer*) and the Senate (*S. 275, Cruz*).

In more good news, Congressman **Chip Roy (R-TX)** is now the Chair of the Health Care Task Force of the conservative Republican Study Committee. Given our previous meetings with the Congressman and his staff, we plan to bring real health freedom ideas to him in preparation for the possibility that Republicans control the U.S. House after the 2022 election.

Unfortunately, elected Republicans made a mistake the last time they were in power. With President Trump in office, they could have repealed Obamacare in its entirety, but they didn't. Instead, they offered Obamacare-light proposals favored by health plans. Their "skinny repeal" and "American Health Care Act" did not re-

Continued on Page 2

Health Freedom Watch

Health Freedom Watch is published quarterly by Citizens' Council for Health Freedom (CCHF), a 501(c)(3) tax-exempt health care policy research and education organization.

CCHF's mission is to protect health care choices, individualized patient care and medical and genetic privacy rights.

CCHF's does not endorse any health care treatment, provider, or product. Nothing in Health Freedom Watch should be construed as medical advice or legal counsel.

©2020. Citizens' Council for Health Freedom. Permission is granted to reprint any article in this issue (except guest editorials) provided credit is given and notification or a copy of the reprinted material is distributed to Citizens' Council for Health Freedom.

Editor

Twila Brase, RN, PHN
President & Co-founder

Assistant Editor

Crystal Quiring

Associate Editors

Karen Markowitz
Melody Lahmann

CCHF

161 St. Anthony Ave. Suite 923
Saint Paul, MN 55103
(651) 646-8935
info@cchffreedom.org



store access to affordable catastrophic coverage, give patients control of their medical information, put doctors back in charge, repeal the individual mandate to purchase coverage, or end the 19 Obamacare taxes. If these bills had become law, most Americans would've wrongly thought Obamacare was repealed—a disaster all its own.

If the Republicans do assume control in 2023, they must introduce attractive, patient-friendly, privacy-protecting legislation that makes medical care and coverage affordable, frees patients from the unethical controls of managed care corporations ('health plans'), ends Obamacare redistribution schemes, and importantly, restores joy to the practice of medicine—something that has disappeared as outsiders (e.g. government, health plans) have seized control of medical decisions through the electronic health record and Federal payment penalties.

Physicians are in mass exodus, a reality few patients realize. Unless they find a reason to stay, access to medical care will be limited nationwide.

In our home state, we found digital paths through the fence that surrounded the Minnesota State Capitol. We not only actively engaged in the legislative process, but rang up a few successes. Everything was done by Zoom, email, or text.

We testified against a bill that would have put Governor Walz's statewide mask mandate into state law. The authors planned to let the CDC determine when the mandate could be lifted. Thankfully, it failed.

We testified against the deceptive 'Social Determinants of Health' (SDOH) language. Facing defeat, its proponents asked CCHF to amend the bill to our liking, which we did by stripping

out all reference to this comprehensive data-collection and patient profiling scheme. We also testified for limits on contact tracing and data retention and we supported the GOP Senate's language to ban vaccine passports. Finally, we asked that the language requiring all midwives and doulas to be trained in "systemic racism" (dangerous "Critical Race Theory" language) be eliminated. Good news! The author stripped it out of the HHS bill.



Thanks to you, we are making a difference! As a donor to CCHF, you are indispensable. Your donations make our work possible. Your donation makes Freedom possible. Thank you!

Your gift is very much appreciated and fully deductible as a charitable contribution. A copy of our latest financial report may be obtained by writing to Citizens' Council for Health Freedom, 161 St. Anthony Ave., Ste 923, St. Paul, MN 55103, 651-646-8935. If you are a resident of one of these states, you may obtain financial information directly from the state agency: CALIFORNIA – As of August 2016, CCHF no longer solicits donations from California residents. A FLORIDA – A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE, 1-800-435-7352 (800-HELP-FLA) WITHIN THE STATE OR BY VISITING www.800helpfla.com. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. Florida Registration (CH35276). GEORGIA - A full and fair description of the programs of Citizens' Council for Health Freedom and our financial statement summary is available upon request at the office and phone number indicated above. MARYLAND – For the cost of copies and postage, Office of the Secretary of State, State House, Annapolis, MD 21401. MISSISSIPPI – The organization's official registration and financial information may be obtained from the Mississippi Secretary of State's office by calling 1-888-236-6167. Registration by the Secretary of State does not imply endorsement. NEW JERSEY – INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE PERCENTAGE OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING (973) 504-6215 AND IS AVAILABLE ON THE INTERNET AT <http://www.state.nj.us/lps/ca/charfirm.htm>. REGISTRATION WITH THE ATTORNEY GENERAL DOES NOT IMPLY ENDORSEMENT. NEW YORK – Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271. NORTH CAROLINA – FINANCIAL INFORMATION ABOUT THIS ORGANIZATION AND A COPY OF ITS LICENSE ARE AVAILABLE FROM THE STATE SOLICITATION LICENSING BRANCH AT 1-888-830-4989. THE LICENSE IS NOT AN ENDORSEMENT BY THE STATE. PENNSYLVANIA – The official registration and financial information of Citizens' Council for Health Freedom may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. VIRGINIA – Virginia State Office of Consumer Affairs, Department of Agricultural and Consumer Services, PO Box 1163, Richmond, VA 23218. WASHINGTON – Charities Division, Office of the Secretary of State, State of Washington, Olympia, WA 98504-0422, 1-800-332-4483. WEST VIRGINIA – Residents may obtain a summary of the registration and financial documents from the Secretary of State, State Capitol, Charleston, WV 25305. Registration with any of these state agencies does not imply endorsement, approval or recommendation by any state.



Twila Brase, RN, PHN, President & Co-founder, CCHFreedom.org

A Letter From The President

Good news! **The Biden administration is losing the battle** to force Americans to take the “investigational drug,” as Pfizer calls it. CDC’s May 13 announcement ended most masking and the pressure on people to get injected. Now, except for public transportation and health care facilities, and the masking of America’s students and children—a likely attempt to end parent consent rights over immunization—most faces are free. At least 17 states have dropped the mandate. Stores like Costco, Trader Joe’s and Walmart have dropped the mask mandate. Other states and stores may find it difficult to keep in place.

Amazingly, some people refuse to shed their masks. **David Hogg** (@davidhogg111) told his 1.1 million Twitter followers: *“I feel the need to continue wearing my mask outside even though I’m fully vaccinated because the inconvenience of having to wear a mask is more than worth it to have people not think I’m a conservative.”* The Libertarian Party of Texas (@LPTexas) responded: *“Masks are the MAGA hats of the Blue team.”* As the diagram below shows, and studies report, masks don’t stop viruses.

We’re living in crazy times. But lies and lockdowns can only go so far if freedom-minded people lead. Since March 2020, those leaders include the governors of Alaska, Iowa, Oklahoma, South Dakota, Tennessee, and Texas. They either didn’t mandate masks, required masks for only a short time, prohibited cities from imposing penalties, issued almost no executive orders, or banned vaccination passports.

We owe a debt of gratitude to Florida Gov. **Ron DeSantis** and other governors who kept their constitutional obligation to protect We the People from federal bureaucrats. The Biden Administration was not allowed to fully impose its will on the American people because the 10th Amendment empowered governors to stop them. And they did.

The end of masks for the “fully vaccinated” troubles NIAID director **Dr. Anthony Fauci**. On May 19, Fauci told Axios: “The trouble is we don’t have vaccine passports, so we don’t know who is vaccinated or not. We don’t know who is infected or not.” Good. Federal officials must never be empowered with such surveillance and control. It would not end with Covid-19.

Not surprisingly, Fauci testified, “I don’t look at this as a liberty thing. . . I look at it as a public health thing.” For him, public health—or the claim of public health—trumps everything and all personal rights, even if Americans are harmed.

So, if your governor, member of Congress or state legislators did anything to protect your freedom, take a moment to **thank them**. Then, ask them to ban colleges from forcing Covid-19 injections on students. Please do it now

Thank you for everything **you** have done and for your generosity which we are using to fight Fauci’s lies and stop government mandates. **Matt Flanders**, our former Legislative Director, has been promoted to Development Manager (*pictured on page 6*) and may also contact you to say thank you. I feel certain you’ll enjoy talking with him!

IN THE NEWS



March

“CDC Says Fully Vaccinated People Can Gather with Others While Maskless” – Dan Celia, *Financial Issues Stewardship Ministries*, 03/08/2021

“Still Waiting for the Science on Social Distancing” – Chris Woodward, *ONE News Now*, 03/22/2021

“I’m Not Anti-Vaxx – How Informed Citizens Can Defend Themselves in an Unforgiving Political Climate” – AnneMarie Schieber, *The Heartland Institute*, 03/30/2021

April

“Deception of ‘no-privacy rule’ revealed” – Chris Woodward, *ONE News Now*, 04/20/2021

“Healthcare Reform: Getting Back to the Heart and Mission of Medicine” – Sam Rohrer, *Stand in the Gap*, 04/23/2021

“Repeal HIPAA ‘privacy rule’ and restore patient consent rights – CCHF sends a letter to Congress” – Neal Meyer, *Truman Tribune*, 04/21/21

May

“What health freedom concerns arise when national security is merged with health security policies?” – Sam Rohrer, *Stand in the Gap*, 05/13/2021

“Covid vaccines - your body, your choice” – Jan Markell, *Understanding the Times*, 05/14/2021





Facebook Live videos have been an integral part of providing timely information to concerned citizens

CCHF ENGAGING WITH THE PUBLIC

By Matt Flanders, Development Manager

When stay-at-home orders were issued in March 2020, our President and Co-founder Twila Brase began using Facebook Live videos to keep our supporters and others across the nation (and the globe) informed with facts. Now, a little over a year later, these 35 “Covid-19 Update” videos have racked up nearly 240,000 views!

We began by sharing information on SARS-CoV-2 and how citizens could protect themselves. But when public health officials and mainstream media began hiding the truth and imposing controls, we began sharing facts about all things Covid-19, including PCR tests, masks, vaccines, pathophysiology, definitions of “case,” physician findings, research studies, etc. Twila literally takes hardcopies of documents up to the camera and shows them to the audience so viewers can validate the information for themselves.

If you haven’t seen our videos, please check out CCHF’s Facebook

or YouTube pages. Following in the style of Dr. Scott W. Atlas, M.D., our upcoming keynote speaker, we will never give up speaking the truth about Covid-19. Responses to our Update #34 video include:

- Excellent information!! Thanks so much!
- Blessings from Norway.
- Keep up the information which is power for all of us!
- Thank you for the wonderful work you have done, love from the UK.
- So glad I found this video. Thank you for the information.
- Thank you, Twila – such honesty.

Our exposés on HIPAA, REAL ID and the Unique Patient ID have also garnered many likes and shares. Altogether, these educational videos have received more than 310,000 views!

CCHF also initiated a special **HIPAA Harms Campaign** to expose the truth about this permissive federal data-sharing rule. During the month

of April, we highlighted 25 HIPAA HARMS for the 25 years since the so-called HIPAA “privacy law” was enacted. This month-long campaign was featured on our social media platforms. It included informative graphics, videos, and interviews. Find more information at [BIT.LY/25HIPAAharms](https://bit.ly/25HIPAAharms).

Like you, we are ready for things to return to pre-Covid normal. Real normal, not a “new normal”. Given our educational emphasis we will seek opportunities to share insights and provide information to advance health freedom. For example, in February, Twila travelled by car (no mask) to Florida for several events. She was pleased to meet with CCHF supporters in Alabama, Georgia, Missouri, Tennessee, and Wisconsin along the way.

While in Florida, Twila keynoted the **Tea Party Manatee** event in Bradenton, presented on Baby DNA and Covid-19 in Fort Myers at a **Parents for Informed Consent** breakfast, and spoke at several “meet and greet”

events in people’s homes. She discussed CCHF’s patient-centered mission and explained why health care and coverage are expensive, treatment options are limited, and care is increasingly impersonal—and she provided solutions. One CCHF supporter later told her, **“You took a very complex topic and made it simple.”**

She also exposed the federal HIPAA “privacy” rule as a national deception and discussed little-known facts about Covid-19, including faulty PCR tests, deaths *from* Covid-19 versus deaths *with* Covid-19, coronavirus “vaccines” that aren’t vaccines, public health using the virus as an opportunity to take over the economy, and how mask mandates cause harm and ignore science and individual rights.

Bottom line, we share information that people don’t hear elsewhere. Others agree. CCHF’s president has been invited to speak at two upcoming events – a Republican women’s group in Kentucky and the Young Americans for Liberty conference in Orlando, where she will speak to over 125 state legislators from all over the country.

We so appreciate your support for our work! If you want Twila to speak to your group, please contact Melody Lahmann at 651-646-8935 or info@cchfreedom.org.



Founder of Financial Issues Stewardship Ministries, Dan Celia, on-air with CCHF president Twila Brase.



Twila with Tea Party Manatee Leadership in Florida



CCHF president with Parents for Informed Choice SWFL after her presentation



Thank you from the CCHF Staff for your generous support!

(Pictured left to right): Matt Flanders, Twila Brase, Melody Lahmann and Karen Markowitz)

RADIO: HEALTH FREEDOM MINUTE

CCHF's Minute is heard on more than **850 stations** around the nation. Find our station list at cchffreedom.org and tune in every weekday wherever you live!

(To listen: www.healthfreedomminute.net)



“Vaccine Hesitancy” is a Deceptive Word

May 24, 2021

For months, you’ve heard about “vaccine hesitancy.” It’s an interesting term because many people who have chosen not to receive the Covid-19 injection (or other vaccines) are not hesitant. They’re not wishy-washy. They’re not in limbo. They’ve made a decision. Whatever their reasons, they are vaccine averse, not vaccine hesitant.

But the term vaccine hesitancy makes it seem as though they’re just waiting until more people get vaccinated. The World Health Organization defines “vaccine hesitancy” as “reluctance or refusal to vaccinate,” but today’s use of the term minimizes the real concerns of the unvaccinated, which include about 40 to 50 percent of the employees at several HHS agencies, per testimony to the U.S. Senate. After all, this is an experimental drug.

“Ten Threats to Global Health in 2019,” World Health Organization, n.d.

“LIVE: Anthony Fauci, Rochelle Walensky Testify to Senate Panel on Fight Against Covid-19,” Bloomberg Quicktake: Now, (2:15:35 mark), May 11, 2021

6 | Health Freedom Watch

In Case You Missed It

To sign up for our weekly eNews, visit bit.ly/enews-letter

Governor DeSantis Sues the CDC

Bold action continues to come out of Florida. At a press conference in April, Gov. Ron DeSantis (R) said he planned to sue the CDC to hold it accountable for the economic damage the agency is inflicting on the country. On May 5, the governor said, “We chose another path in Florida; it was the right path.” But CDC guidance stopped cruise ships from operating, so: “[W]e are suing the CDC right now. We have a hearing coming up in federal court. But I can tell you, I want the cruises going. ... Do you want one unelected bureaucracy to be able to have the power to indefinitely shut down a major industry in this country? They do not have that authority to do it. That’s why we’re suing them. This has much larger implications than just cruise sailing or not.” The hearing is coming up in Tampa.

So, You Thought Canada Was a Free Country

The seven-minute video speaks for itself. Canadian Pastor Artur Pawlowski was stopped by “[h]eavily-armed SWAT police” (at least seven vehicles), made to kneel on the freeway, handcuffed, and hauled away to jail after the pastor held an “illegal” church service. He was accused of “inciting” people to go to church in the middle of a lockdown—more than one year after the April 10, 2020, enforcement of the Quarantine Act began. After he cast the police out of his church a month ago, a judge had earlier granted a warrant to the police to arrest him using “anything necessary.” Watch the video for the full effect of this arrest. The police boasted about the arrest for “organizing an illegal in-person gathering, including requesting, inciting or inviting others to attend an illegal public gathering, promoting and attending an illegal public gathering.”

Exciting Staff Changes at CCHF

We are excited to announce **Matt Flanders’** promotion to Development Manager! Matt has been with CCHF since 2015, starting as a Legislative Specialist, advancing to Legislative Director, and working most recently as Development Coordinator. In his new role as D.M., he will coordinate CCHF’s messaging and communications with our supporters and help secure the financial resources necessary for CCHF’s important work.

Melody Lahmann joined CCHF in April as the Executive Assistant to the President. Melody brings twenty-plus years of experience as an EA in both corporate and non-profit organizations, and was formerly the Board Liaison for the Hazelden Betty Ford Foundation. Welcome Melody!



Never Give Up

SPEAKING THE TRUTH

AN INSIDER'S FIGHT AGAINST THE
COVID-19 FIASCO



CCHF Annual Gala 2021

SAVE THE DATE

**THURSDAY
SEPTEMBER 9, 2021**

6:00 PM

Golden Valley Country Club
Golden Valley, MN

Keynote Speaker

SCOTT W. ATLAS, MD

Senior Fellow at the Hoover
Institution and Former
Special Advisor to President
Trump on the White House
Coronavirus Task Force

REGISTER TODAY

BIT.LY/CCHFGALA2021

YES, I WANT TO DONATE TO CCHF!

You have options! You may use the donation envelope you'll find in this newsletter. Or you can make an online donation at www.cchfreedom.org. Just click on "DONATE TODAY." For a donation of STOCK, please call us for instructions at (651) 646-8935. **Thank you for giving to protect freedom!**

Please make your check payable to/mail to:

CCHF
161 St. Anthony Ave., Suite 923
Saint Paul, MN 55103

IRA Giving: If you are age 70 ½ or older, you may instruct your Individual Retirement Account (IRA) to transfer up to \$100,000 directly (and tax-free) to Citizens' Council for Health Freedom.

EXTENDED TO 2021 The CARES Act charitable giving provisions have been extended through the end of 2021! This includes the deduction of up to **\$300 (\$600/couple)** for ALL taxpayers (*whether you itemize or not!*), as well as the ability to deduct **100% of your adjusted gross income of CASH contributions** made to CCHF in 2021. See also: bit.ly/2021Deductions

For additional information, including a sample letter for your IRA custodian, please contact us:

(651) 646-8935
info@cchfreedom.org
bit.ly/IRAforCCHF

Is CCHF in your will? Please consider CCHF in your estate planning.

**CCHF has received 501(c)3 non-profit status from the IRS. CCHF has received permission to solicit charitable donations in all states except California. In August 2016, we withdrew our registration in CA to avoid the AG's demand that we share the confidential names of certain donors. The full disclosure regarding solicitation is found on page 2 of this newsletter.*



OVERHEARD

**“I’m not anti-vaccination
. . . But I don’t want
the government telling
someone they have to.”**

— Utah state Rep. Robert
Spendlove (R), author of new law
on vaccine mandates

**“Will we be masking in 2025?
I doubt it. But it’s still too early to
say...”**

— Asst. Prof. Andrew Noymer,
University of California, Irvine,
Pittsburgh Post Gazette,
04/22/2021

**“Science has been killed by the
Left.”**

— Candace Owens, Fox News,
05/18/2021

**“This is AMA’s first strategic plan
dedicated to embedding racial
justice and advancing health
equity.”**

— American Medical Assn.
introducing 2021-2023 plan to
advance Critical Race Theory in
medical practice, May 2021

“That’s not an answer”

— Congressman Gary Palmer (R-
AL) to CDC Director Walensky when
she demurred on whether Trump is
responsible for 500,000 Covid-19
deaths, March 17, 2021 E&C
Hearing, U.S. House

**“This isn’t a pandemic. This is a
‘flu d’état’. We are the victim of
unconventional warfare and we
are in the middle of a huge psyop
against western civilization.”**

— Interview with Dr. Lee Merritt,
M.D., orthopedic surgeon



**“Why shouldn’t people just
identify as vaccinated?”**

— Tucker Carlson discussing a
meme, Fox News, 05/18/2021