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Above: A collage of our "Don't Be Bullied" campaign — 24 billboards posted in 8 states!

Knowledge is Power

By Molly Christian, Special Projects Manager

In a recent man-on-the-street video, a gentleman offered passersby their choice of a free Hershey's chocolate bar or a 10 oz. bar of silver bullion. It was disheartening to see that almost everyone chose the Hershey's bar. The candy bar was worth a few dollars and the silver was valued at about \$145. A few people asked if the bar—the Hershey's bar—was real. There was an overwhelming lack of interest in the silver, and many said they had no use for it. The moral of the story — it doesn't pay to be ignorant.

Americans are at a critical point today as their right to health privacy and freedom is being threatened. For some this is readily apparent, while others remain ignorant to the changing world around them. This is why understanding our rights and sharing that knowledge with others is critically important. We must not allow ignorance to prevail.

The more equipped citizens are with

knowledge and resources, the more capable they will be to stand for their inalienable right to choose or refuse a treatment—any treatment.

At present, the Covid-19 shot is being pushed without consideration for specific circumstances, without adequate testing and without sharing the vast array of potential side effects. People are being forced to choose between employment and their freedom to make personal health decisions.

Americans across the political spectrum must boldly stand for truth by being informed and asking questions. Information concerning our health should not be taken at face value. Additional research must be done to verify what we are told. We have excellent resources available at CCHFreedom.org to help you get started!

As CCHF's new Special Projects Manager, I've been learning about this array of CCHF resources, including the

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Health Freedom Watch

Health Freedom Watch is published quarterly by Citizens' Council for Health Freedom (CCHF), a 501(c)(3) tax-exempt health care policy research and education organization.

CCHF's mission is to protect health care choices, individualized patient care and medical and genetic privacy rights.

CCHF's does not endorse any health care treatment, provider, or product. Nothing in Health Freedom Watch should be construed as medical advice or legal counsel.

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very useful **Patient Toolbox**. People can use this information to educate themselves on important issues like Covid-19 shots, HIPAA, Baby DNA warehousing, and more. Over the past few months, we have seen a 1000% increase in traffic to our RealRisks.org website (part of Patient Toolbox).

One reason for this uptick is our **“Don’t Be Bullied, Make an Informed Choice”** billboard campaign. For example, the 11 billboards in Texas did not go unnoticed! Several media outlets covered the story, expanding the reach of our message.

While the journalists did not support our campaign, each time someone viewed the media coverage, the billboard and the RealRisks.org website were displayed on their TV or computer screen. Through this exposure, we reached thousands more than we could have with the billboards alone!

The billboard campaign drew over a dozen partner-donors from around the country who wanted the “Don’t Be Bullied” message displayed in their communities. To date, we have posted **24 billboards in 8 states:** Idaho, Wisconsin, Texas, New Mexico, Michigan, Minnesota, Kansas, and Alabama.

We are grateful to the donors who have partnered with us in this successful campaign. It is their passion and commitment to freedom and to getting the word out that has helped tens of thousands find resources to make an informed choice regarding the Covid shot.

Here are a couple comments we received from people around the country who saw our billboard and took the time to share their thoughts:

“I saw the billboard yesterday in Dallas, TX. It was so refreshing to see

that someone is standing up for us...”
~ Donna

“Thank you for your “No Bullying” vaccine billboard!”
~ John

As the billboard campaign begins to wind down, and we look toward 2022, our sights are set on bringing freedom back to the exam room by **building an entirely new system based on health freedom.**

We must let doctors save patient lives without interference.

We must let patients and doctors escape the high costs of third-party payment, avoid corporate restrictions, bypass the controls of government programs — and find health freedom! We’re committed to making this happen. **Thank you for joining us to restore health freedom in America!**

Your gift is very much appreciated and fully deductible as a charitable contribution. A copy of our latest financial report may be obtained by writing to Citizens' Council for Health Freedom, 161 St. Anthony Ave., Ste 923, St. Paul, MN 55103, 651-646-8935. If you are a resident of one of these states, you may obtain financial information directly from the state agency: CALIFORNIA – Cal. Bus. & Prof. Code § 17510.3(a) FLORIDA – A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE, 1-800-435-7352 (800-HELP-FLA) WITHIN THE STATE OR BY VISITING www.800helpfla.com. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. Florida Registration (CH35276). GEORGIA - A full and fair description of the programs of Citizens' Council for Health Freedom and our financial statement summary is available upon request at the office and phone number indicated above. MARYLAND – For the cost of copies and postage, Office of the Secretary of State, State House, Annapolis, MD 21401. MISSISSIPPI – The organization's official registration and financial information may be obtained from the Mississippi Secretary of State's office by calling 1-888-236-6167. Registration by the Secretary of State does not imply endorsement. NEW JERSEY – INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE PERCENTAGE OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING (973) 504-6215 AND IS AVAILABLE ON THE INTERNET AT <http://www.state.nj.us/lps/ca/charfrm.htm>. REGISTRATION WITH THE ATTORNEY GENERAL DOES NOT IMPLY ENDORSEMENT. NEW YORK – Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271. NORTH CAROLINA – FINANCIAL INFORMATION ABOUT THIS ORGANIZATION AND A COPY OF ITS LICENSE ARE AVAILABLE FROM THE STATE SOLICITATION LICENSING BRANCH AT 1-888-830-4989. THE LICENSE IS NOT AN ENDORSEMENT BY THE STATE. PENNSYLVANIA – The official registration and financial information of Citizens' Council for Health Freedom may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. VIRGINIA – Virginia State Office of Consumer Affairs, Department of Agricultural and Consumer Services, PO Box 1163, Richmond, VA 23218. WASHINGTON – Charities Division, Office of the Secretary of State, State of Washington, Olympia, WA 98504-0422, 1-800-332-4483. WEST VIRGINIA – Residents may obtain a summary of the registration and financial documents from the Secretary of State, State Capitol, Charleston, WV 25305. Registration with any of these state agencies does not imply endorsement, approval or recommendation by any state.



Twila Brase, RN, PHN, President & Co-founder, CCHFFreedom.org

A Letter From The President

Unbelievably, government orders have harmed Covid patients.

Drs. Peter McCollough and Harvey Risch say 80-85% of Covid deaths could have been prevented by early treatment. Instead people were told to go home, where the virus replicated and became life-threatening. Timing is critical in Covid!

Covid is an inflammatory and clotting disease. It's real, but it's very treatable with early and aggressive treatment, particularly ivermectin. But in the U.S., **ivermectin** has essentially been banned by the FDA. One patient hospitalized with Covid asked for ivermectin. The doctor told him they'd been using ivermectin with great success—until the federal government sent a letter directing the hospital to stop prescribing it. Another woman told us she called around for ivermectin. A large corporate pharmacy asked her the purpose. "Worms," she fibbed. The pharmacy said they had it but it couldn't be used for Covid. Unfortunately, "COVID" was written on the prescription so the pharmacy refused to fill it.

This is a crime against humanity. American lives are being lost. The cost of producing one pill of ivermectin (approved as safe by the FDA more than 40 years ago) is about **three cents**, according to the WHO in 2018. Tess Lawrie, a physician and WHO researcher, says most people need **five pills**. She says ivermectin is cheap, widely available and getting it is a "human right."

Covid has exposed government control over medical decisions. People are dying for lack of a

cheap medicine that's as close as their pharmacy. Returning to health freedom for patients and doctors is not optional — it's mandatory.

This is why CCHF will begin now to rapidly expand The WEDGE to build a **NEW SYSTEM for health freedom in America.**

CCHF's WEDGE of Health

Freedom (jointhewedge.com) is independent of Medicare, Medicaid, and Obamacare—and free from all outside controls, one-size-fits-all treatment protocols, and surveillance. It is patient-centered, affordable, charitable, confidential and compassionate. It is market-based and uses direct payment (cash, check, or charge) at every level. The **NEW SYSTEM** will also include affordable direct-pay medical indemnity insurance to avoid financial catastrophes.

Our plan begins with a major outreach campaign in 2022 that we will use to double the nearly 500 "Wedge practices," and we'll build from there. Eventually, we envision direct-pay hospitals, laboratories, radiology facilities, pharmacies and more. This is how care and coverage used to work and how it must work again.

As 2021 comes to a close, I am asking you to donate generously before midnight on Dec. 31. Help us end 2021, and launch into 2022, STRONG. Thank you for supporting us in this vitally important work. TOGETHER, we will build a future of freedom for all American patients and doctors.

IN THE NEWS



August

"COVID Update: Shots, Masks, Etc." — VCY America, Jim Schneider, 08/11/2021

"Billboard campaign exposes risks of COVID-19 vaccine" — *AlphaNews*, 08/18/2021

"Covid Booster Shots – Are They Needed?" — Stand In The Gap, Sam Rohrer, 08/19/2021

September

"Faulty Measurements, Onerous Restrictions, and the Unmasked Truth" — Stand in the Gap, Sam Rohrer, 09/15/2021

"RN: It's not a vaccine ... and Biden is out of bounds" — American Family News, Chris Woodward, 09/20/2021

"Billboards Are Warning Texas Drivers 'Don't Be Bullied' Into Vaccinations" — *Newsweek*, Andrew Stanton, 09/27/2021

October

"Physician right to resist 'COVID tyranny'" — American Family News, Chris Woodward, 10/11/2021

"Group Bypasses Big Tech Censors to Promote Vaccine Informed Consent" — Heartland Institute, AnneMarie Schieber, 10/15/21

"Contact Your Senators About the Unique Patient Identifier" — Financial Issues Stewardship Ministries, Dan Celia, 10/28/21



Dr. Scott W. Atlas, MD, speaking at CCHF's Annual Gala, September 9, 2021

NEVER GIVE UP SPEAKING THE TRUTH

By Matt Flanders, Development Manager

Excitement filled the room as almost 500 people gathered at our Annual Fundraising Gala in September.

After a year of lockdowns, mandates, and restrictions, attendees clearly enjoyed being able to gather in person to enjoy a great meal, a live auction (Twila's homemade cupcakes and Matt's hand-crafted gun shelf) and to hear from our keynote speaker, **Dr. Scott W. Atlas, MD.**

Twila started the evening by describing the important legislative work CCHF has done over the last two decades to protect health freedom such as: the successful campaign to eliminate from the 2002 Minnesota Emergency Health Powers Act the misdemeanor for refusing vaccination, testing and treatment during a declared emergency (this protected Minnesotans from being charged with crimes in 2020), protecting the strongest medical privacy and consent law in the country, protecting parental control over the government storage of baby DNA, and more!

She also described our vision for the future of health freedom and true health insurance in America.

By starting with **The Wedge of Health Freedom**, CCHF's online directory of nearly 500 practices across the country, we will work to build an off-ramp from corporate medicine to a freedom-based, fully-independent medical system for all patients.

Twila discussed our work to protect medical choices during Covid. She invited Lisa, a patient safety advocate, to share brief stories about two people who had tested positive for Covid-19. Initially dissuaded by government and media warnings, but in desperate shape (105 degree fever / difficulty breathing), they finally accepted the offer of ivermectin. Demonstrating the claims that it's a "wonder drug," one lost her fever in four hours, the other was up mowing his lawn the next day.

To great applause, Twila announced CCHF's plan to work in 2022 with several state legislators nationwide to

pass legislation to **make ivermectin an over-the-counter medication** as in other countries, prohibit pharmacists from refusing to dispense what the doctor ordered, and protect the right of hospitalized patients to have their own physicians direct their care.

Dr. Scott Atlas took the stage, captivating the audience with details, facts and truths about Covid-19. He gave the audience the data they need to counter the plethora of false claims and fake data about Covid-19. He underscored his point by saying, **"Every decision and every assessment of intervention is based upon this flawed data."** His information was well-cited, which made it easy for the audience to follow and understand. Numerous attendees could be seen furiously scribbling notes, taking pictures of the slideshow, and even taking notes on tablets and phones!

The room was energized. There were smiles everywhere on uncovered faces, and social-distancing didn't seem to be on anyone's mind. Some people

told us they didn't know there were so many people who felt like them about Covid, and life, and freedom. They'd been isolated for so long. Many stayed long after the event ended to talk among themselves, with the CCHF team, and with Dr. Atlas, who generously stayed in the ballroom for an hour talking with guests and answering questions.

We have made Dr. Atlas's presentation available online on the CCH-Freedom Rumble page or by going to this link: bit.ly/CCHFAtlas2021. You can find Twila's presentation on Rumble as well.

Thank you to everyone who attended and gave generously to support CCHF's freedom-focused work!



CCHF Board of Directors with Dr. Scott W. Atlas, MD



Attendees at our Gala enjoy an evening with friends—and no face masks.



Above: Presenting Jim & Crystal Quiring with our first-ever "Above & Beyond" award for their multi-faceted support of CCHF; Below: Lee Michaels auctioning off of Twila's homemade "Mystery Cake"



RADIO: HEALTH FREEDOM MINUTE

CCHF's Minute is growing—now heard on more than **870 stations** around the nation. Find our station list at cchfreedom.org and tune in every weekday wherever you live!

(To listen: www.healthfreedomminute.net)



People are Dying. Why is Ivermectin Banned?

November 2, 2021

Why are potentially effective drugs against Covid, like ivermectin, banned?

Is it because drug companies can't make any money from the inexpensive 40-year-old wonder-drug called ivermectin? Is it because the vaccine can't be emergency-authorized or mandated if there's a cure?

Is it because fear-mongering experts refuse to acknowledge that medications are available to stop the spread, disable the virus and keep the world open? Is it because tyrants saw a golden opportunity to end freedom and seize control, even if people died?

We may never know. But our organization hears from people who got Covid and found some way to get ivermectin. Within hours or days, many bounced back to health. We've drafted legislation to make ivermectin available over the counter. Tell your legislators.

CCHF Model State Legislation Library: <https://bit.ly/3C0ulFm>

In Case You Missed It

Are COVID-19 Vaccines “Safe and Effective”?

The media's response to people who are “vaccine hesitant” has been to continually claim that Covid-19 vaccines are “safe and effective.” CDC makes this claim about ALL Covid vaccines, even though the FDA is the only agency authorized to do so. Until the FDA's August 23rd approval of the Pfizer vaccine, the FDA never made this claim, claiming only that the benefits outweighed the risks. Furthermore the FDA Approval Letter to Pfizer shows continued concerns related to myocarditis and pregnancy.

Many people do not understand the difference between FDA approval and Emergency Use Authorization, which could be in part due to CDC's repeated “safe and effective” message. A recent article by Axios said full FDA approval for these vaccines would clear the way for vaccine passports and workplace mandates. In short, expect FDA approval to lead to more coercion, more protests, and more individuals leaving their jobs, including nurses at already short-staffed hospitals.

Natural Infection Confers Longer-Lasting Immunity Than Vaccine

Two recent studies, current in preprint form, show compelling data that individuals who had been infected by SARS-CoV-2 have longer lasting natural immunity than those fully vaccinated against Covid-19. One study based in Israel showed that individuals who had received the shot had a 13-fold higher risk of infection by the Delta variant than those that had been naturally infected in Jan-Feb 2021. When including individuals that had been naturally infected as far back as March 2020, there was still five-fold higher protection against the Delta variant in the unvaccinated, previously-infected compared to those that were fully vaccinated.

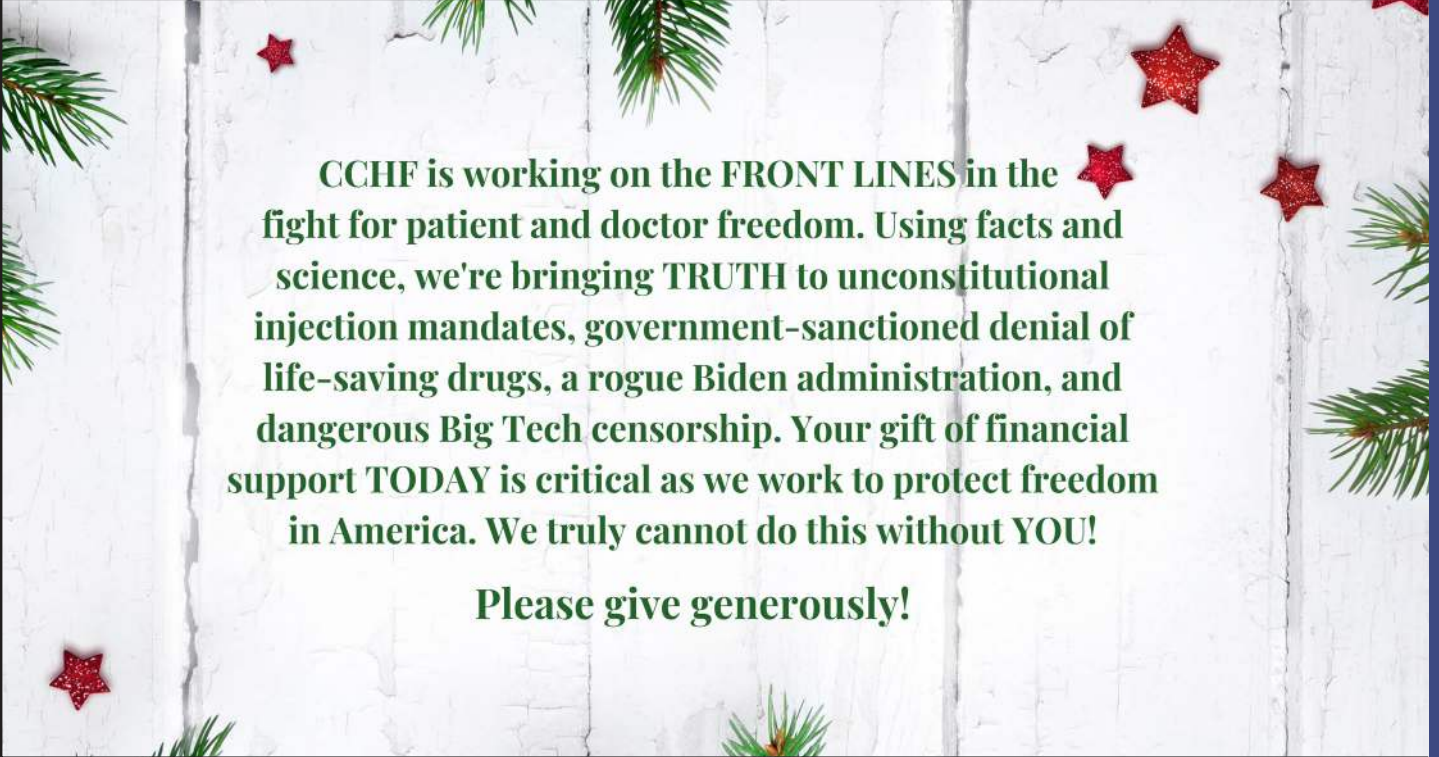
In other words, even natural infection from one year ago still confers greater protection against the Delta strain than the vaccine. Similarly, a Cleveland Clinic study showed a rate of zero reinfection in those previously naturally infected, and there was no difference in the infection rate between those individuals and those fully vaccinated. Infectious diseases expert Professor Francois Balloux described this as a “bombshell” development.

CCHF Welcomes Molly Christian



Special Projects Manager

I come into the role of Special Projects Manager with over 20 years professional experience in a variety of positions. Most recently, I was working for a large corporation in Chicago and am grateful to be coming back to my home state of Minnesota! I find it a great privilege that in my role, I will be able invest my time and talent to promote truthful information and make resources available for folks who want to preserve and protect their health privacy and freedom.



CCHF is working on the FRONT LINES in the fight for patient and doctor freedom. Using facts and science, we're bringing TRUTH to unconstitutional injection mandates, government-sanctioned denial of life-saving drugs, a rogue Biden administration, and dangerous Big Tech censorship. Your gift of financial support TODAY is critical as we work to protect freedom in America. We truly cannot do this without YOU!

Please give generously!

YES, I WANT CCHF TO START 2022 STRONG!

You have options! You may use the [donation envelope](#) found in this newsletter. Or you can make an [online donation](#) at www.cchffreedom.org. Just click on "DONATE TODAY." For a [donation of STOCK](#), please call us for instructions at (651) 646-8935.

Thank you for giving to protect health freedom!

Please make your check payable to/mail to:

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161 St. Anthony Ave., Suite 923
Saint Paul, MN 55103

IRA Giving: If you are age 70½ or older, you may instruct your Individual Retirement Account (IRA) to transfer up to \$100,000 directly (and tax-free) to Citizens' Council for Health Freedom.

EXTENDED TO 2021: The CARES Act charitable giving provisions have been extended through the end of 2021! This includes the deduction of up to **\$300 (\$600/couple)** for ALL taxpayers (*whether you itemize or not*), as well as the ability to deduct **100% of your adjusted gross income** of cash contributions made to CCHF in 2021. See also: bit.ly/2021Deductions

For additional information, including a sample letter for your IRA custodian, please contact us:

(651) 646-8935
info@cchffreedom.org
bit.ly/IRAforCCHF

Is CCHF in your will? Please consider CCHF in your estate planning. If you have any questions, do not hesitate to contact our office: 651-646-8936 or info@cchffreedom.org.

*CCHF has received 501(c)3 non-profit status from the IRS. CCHF has also received permission to solicit charitable donations in all 50 states.



OVERHEARD

“This is a free country. You do what you want.” —

Dana White, President, UFC, in response to not mandating vaccines for UFC fighters, 11/04/21

“Do not vaccinate the previously infected. Full stop. You’re putting them at risk.” — Robert Malone, MD, 11/06/21

“You’re no longer free if you don’t behave as if you’re free.” — Eric Metaxas on masking, 08/15/21

“It’s everybody’s right, really, fundamental human right to have access to it.” — Tess Lawrie, WHO researcher and medical doctor, about ivermectin, 08/15/21

“I think it’s time that you resign.” — Sen. Rand Paul to Dr. Anthony Fauci, HELP Committee hearing, 11/04/21

“Because the petitions give cause to believe there are grave statutory and constitutional issues with the mandate, the mandate is hereby STAYED pending further action by this court.” — a panel of the 5th Circuit Court of Appeals in a ruling on Biden vaccine mandates, 11/06/21

“Doctors must not be blocked from prescribing lifesaving medicine in the hospital. . . . Doctors must not be blocked from prescribing lifesaving treatments to outpatients either.”— Mollie James, DO, Ocala Covid Summit 11/06/21

“[N]atural immunity from natural infection . . . is far superior to anything that you can get from a syringe.” — Dr. Charles Hoffe, MD, general surgeon, Canada, 07/04/21



“People in a free society have the right to decide if they’re going to inject a drug into themselves.”
-- Dr. Scott Atlas, Epoch Times TV, 09/23/21